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New insights into the antimicrobial effect of mast cells against
Enterococcus faecalis

Running title: Interactions between E. faecalis and mast cells

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27 **ABSTRACT**

28 *Enterococcus faecalis* has emerged as an important cause of life-threatening multidrug-
29 resistant bacterial infections in the hospital setting. The pathogenesis of enterococcal
30 infections has remained a relatively neglected field despite their obvious clinical relevance.
31 The objective of this study was to characterize the interactions between mast cells (MCs), an
32 innate immune cell population abundant in the intestinal lamina propria, and *E. faecalis*. This
33 study was conducted with primary bone marrow-derived murine MCs. The results
34 demonstrated that MCs exerted an antimicrobial effect against *E. faecalis* that was mediated
35 by both degranulation with the concomitant discharge of the antimicrobial effectors contained
36 in the granules as well as by the release of extracellular traps, where *E. faecalis* was snared
37 and killed. In particular, the cathelicidin LL-37 released by the MCs had potent anti-microbial
38 effect against *E. faecalis*. We also investigated the specific receptors involved in the
39 recognition of *E. faecalis* by MCs. We found that TLRs are critically involved in the MC
40 recognition of *E. faecalis* since MCs deficient in the expression of MyD88, an adaptor
41 molecule required for signalling by most TLRs, were significantly impaired in their capacity
42 to degranulate, to reduce *E. faecalis* growth as well as to release TNF- α and IL-6 after
43 encounter this pathogen. Furthermore, TLR2 was identified as the most prominent TLR
44 involved in the recognition of *E. faecalis* by MCs. The results of this study indicate that MCs
45 may be important contributors to the host innate immune defences against *E. faecalis*.

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53 INTRODUCTION

54 *Enterococcus* species are part of the normal intestinal microbiota. From here, they can
55 disseminate and cause a variety of infections in the immune compromised host, including
56 urinary tract infections, bacteremia, endocarditis, and sepsis (1). In recent years, *E. faecalis*
57 has emerged as an important cause of nosocomial infection with mortality rates exceeding
58 50% in critically ill patients, cancer patients and some transplant patients (2, 3). The intrinsic
59 resistance of *E. faecalis* to several of the most commonly used antibiotics including
60 penicillinase resistant penicillins, cephalosporins, lincosamides, nalidixic acid, low level of
61 aminoglycoside and low level of clindamycin as well as its extreme capacity to acquire
62 resistance to the remaining antibiotic classes such as penicillin, chloramphenicol,
63 tetracyclines, rifampin, fluoroquinolones, aminoglycosides (high levels), and vancomycin (4)
64 by the acquisition of mobile genetic elements (5) are of major concern for most hospitals and
65 healthcare facilities. In particular, the increasing resistance of enterococci to vancomycin and
66 teicoplanin is a challenging and serious public health concern (6).

67 Asymptomatic *E. faecalis* colonization frequently precedes clinical infection and
68 colonized individuals represent a potential source for the spread of the microorganism.
69 Unfortunately, there is no known effective therapy to decolonize patients with antibiotic-
70 resistant enterococci. The increasing health care problem posed by *E. faecalis* highlights the
71 urgent need for new avenues of therapeutic treatment and/or decolonization. In this regard,
72 greater insight into the host-pathogen interactions during enterococcal infection and a better
73 understanding of the mechanisms of host defence against this pathogen will be the foundation
74 for advances in treatment and prevention modalities.

75 An important front of host defense in the intestinal mucosa consists of various innate
76 immune cells including mast cell and macrophage, which sense entry of foreign elements into
77 the mucosa and orchestrate an appropriate inflammatory response (7, 8). Mast cells (MCs), in
78 particular, are multifunctional and highly effective tissue dwelling cells, which are considered

79 important components of the immune system. MCs have an important immunoregulatory
80 function, particularly at the mucosal border between the body and the environment (9). They
81 are located in close proximity to blood vessels, where they can efficiently regulate vascular
82 permeability (10). In addition, MCs are able to modulate the activities of neighbouring
83 effector cells through the release of a broad array of pre-stored or newly synthesized
84 mediators (11). MCs produce four main classes of mediators including a wide variety of
85 cytokines and chemokines, preformed granule-associated mediators, newly generated lipid-
86 mediators and endogenous antimicrobial agents such as antimicrobial peptides or reactive
87 oxygen species (ROS), which can be released from the granules upon activation (12). These
88 mediators have been shown to exhibit various roles in tissue remodelling, angiogenesis,
89 cellular recruitment and/or change of vascular permeability and host defence such as the
90 recruitment of neutrophils to the site of infection (11). Despite their known role in the
91 initiation of allergic reactions, chronic inflammatory processes and activation during certain
92 types of parasitic infections (13, 14), there is now clear evidence that MCs also play a
93 prominent role in the early immune response to invading pathogens (10, 15). MCs can also
94 contribute to host defense by exerting a direct antimicrobial effect against pathogens either
95 through phagocytosis (16) or by releasing extracellular traps (MCET), which are structures
96 composed of DNA, histones, and granule proteins where the pathogens are snared and killed
97 (17, 18). After translocation through the intestinal barrier, *E. faecalis* comes most probably
98 into contact with the MCs present beneath the intestinal epithelium. However, relatively little
99 is known about the MCs interactions with *E. faecalis*. Because MCs play such a prominent
100 role in regulating the immune response, we can predict that these interactions may be of high
101 relevance for fine-tuning the immune response to this invading pathogen. In the current study,
102 we have investigated the dynamic interplay between *E. faecalis* and MCs. Our results show
103 that MCs exert an anti-microbial activity against *E. faecalis* that was mediated by the release
104 of MCET and by the discharge of granular anti-microbial compounds. We also show that

105 recognition of *E. faecalis* by MCs was mediated by TLRs since the production of cytokines
106 and degranulation of MCs in response to *E. faecalis* was impaired in MCs lacking the
107 common adapter molecule MyD88, which is required for almost all TLRs activation cascades.
108 Furthermore, we could narrow down the recognition of *E. faecalis* by MCs to the TLR2. The
109 results obtained in this study provide new insight into the interplay between *E. faecalis* and
110 components of the innate immune system.

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131 **MATERIALS AND METHODS**

132 **Bacteria.** *E. faecalis* strain DSMZ 20478 and OG1RF as well as different clinical isolates
133 kindly provided by M. Probst-Kepper (Städtisches Klinikum Braunschweig, Germany) were
134 used in this study. Stock cultures were maintained at -80°C , and cultured at 37°C in BHI-
135 medium for 6 h. Bacteria were harvested at mid-log phase (absorption $\text{OD}_{600\text{nm}}\sim 0.5$),
136 centrifuged for 10 minutes at 4000 rpm, washed with sterile PBS and adjusted to 10%
137 transmission at 600 nm. Bacteria suspensions were further diluted in cell culture medium to
138 achieve the required concentrations. For some experiments *E. faecalis* was co-cultivated with
139 LL-37 (AnaSpec, San Jose, USA) add to the indicated concentrations for 90 min.

140

141 **Mice.** Inbred, pathogen-free, 8 to 12 week-old C57BL/6 mice were purchased from
142 Harlan-Winkelmann (Borchen, Germany). C57BL/6 TLR2^{-/-} mice were a gift from S. Weiss
143 (Helmholtz Center for Infection Research, Braunschweig, Germany), C57BL/6 MyD88^{-/-}
144 mice were kindly provided by T. Sparwasser (TWINCORE, Hannover, Germany). Mice were
145 maintained under standard conditions and according to institutional guidelines. All
146 experiments were approved by the ethical board Niedersächsisches Landesamt für
147 Verbraucherschutz und Lebensmittelsicherheit, Oldenburg in Germany.

148

149 **Generation of bone marrow-derived MCs.** MCs were isolated and differentiated as
150 previously described (18). Briefly, mice were sacrificed by CO₂ asphyxiation and the femurs
151 and tibias were removed. The bone marrow was harvested by repeated flushing with Iscove's
152 modified Dulbecco's medium (IMDM). Bone marrow cells were incubated in IMDM
153 supplemented with 10% FCS, 2 mM L -glutamine, 1 mM pyruvate, 100 U/ml of penicillin,
154 100 µg/ml of streptomycin and 20 U/ml of recombinant murine IL-3 (BioLegend, San Diego,
155 USA) for 21 days. Non-adherent cells were transferred to fresh culture plates every 2–3 days
156 to remove adherent macrophages and fibroblasts. The purity of the resulting cell population

157 consisted of 98% of MCs as determined by flow cytometry analysis using anti mouse CD117
158 antibody (Caltag Laboratories, Hamburg, Germany) and a FACSCalibur TM flow cytometer
159 (Becton Dickinson, San Jose, Calif., USA).

160

161 ***MCs infection assay.*** BMMCs were harvested, washed twice with IMDM without
162 antibiotics and seeded in 48-well tissue culture plates at a density of 2×10^6 cells/ml. *E.*
163 *faecalis* was added to wells containing BMMCs at a multiplicity of infection (MOI) of 1
164 bacterium per cell (1:1) or to wells containing medium alone. The MOI of 1:1 was chosen
165 based on a previous report (18) to ensure optimal conditions for the investigation of
166 extracellular killing mechanisms elicited by MCs. Kinetics of bacterial growth in the presence
167 or absence of MCs was monitored at the indicated time points of infection by determination of
168 colony forming units (CFU) in the cell cultures. The total amount of bacteria in the wells was
169 determined by plating serial dilutions of 20 μ l volume of each well. The percentage of
170 bacterial growth inhibition in the presence of MCs was calculated using the bacterial growth
171 based on CFU after 90 min with the following formula: $(\text{CFU in medium alone} - \text{CFU in}$
172 $\text{medium+MCs} / \text{CFU in medium alone}) \times (100)$.

173 In some experiments, BMMCs were treated for 30 min prior to infection with 1 μ M
174 Ca^{2+} ionophore ionomycin (Sigma, Deisenhofen, Germany), 100 μ M cromolyn (Sigma,
175 Deisenhofen, Germany) and/or 50 mU of micrococcal nuclease (New England Biolabs,
176 Frankfurt am Main, Germany).

177

178 ***Toluidine stain.*** A total of 5×10^5 MCs per well were infected with *E. faecalis* at a
179 MOI of 10:1 and incubated for 2 h at 37°C, 5% CO_2 . MCs were then fixed with 3%
180 paraformaldehyde (PFA) for 10 min at RT and 100 μ L of the MCs suspension was
181 centrifuged on slides at 150 \times g for 5 min and dried on air at RT. 5 μ L of 0.5% toluidine-blue
182 in PBS was placed on the slides and incubated further for 5 min at RT. After the incubation

183 step, slides were rinsed with water until the blue color disappeared and analyzed by light
184 microscopy (Zeiss Axiophot microscope with an attached Zeiss AxioCam HRc digital camera
185 and Axiovision software 4.8., Carl Zeiss, Oberkochen, Germany).

186

187 ***β-Hexosaminidase-Assay.*** MCs were centrifuged at progressing times after
188 stimulation, and degranulation was determined by assessing the percentage of β-
189 hexosaminidase released into the culture supernatant according to the method of Kuehn et al.
190 (19). Briefly, the cell pellets were lysed with distilled H₂O and the extracts were analyzed for
191 the total β-hexosaminidase activities. A 50 μl volume of cell culture lysates and 100 μl of 2
192 mM *p*-nitrophenyl-*N*-acetyl-β-D-glucosaminidase in 0.04 M sodium citrate buffer (pH 4.5)
193 were added to each well of a 96-well plate, and color was allowed to develop for 30 min at 37
194 °C. The enzyme reaction was terminated by adding 50 μl 0.4 M glycine-NaOH (pH 10.7).
195 The absorbance at 405 nm of each sample was measured with a 96-well TECAN Sunrise
196 reader (Tecan Group Ltd., Männedorf, Switzerland). Total release of β-hexosaminidase was
197 calculated as percentage of the maximum release of C48/80 degranulated cells, untreated MCs
198 served as positive controls.

199

200 ***Cytokines determination.*** The determination of IL-6 and TNF-α levels was performed
201 by specific ELISA, using matched antibody pairs and recombinant cytokines as standards.
202 Briefly, ninety six-well microtiter plates were coated overnight at 4°C, with the
203 corresponding purified anti-human capture monoclonal anti-IL-6, or TNF-α antibody
204 (Pharmingen, San Jose, California, USA) at a concentration of 2 μg/ml in sodium bicarbonate
205 buffer over night at 4°C. The wells were washed and then blocked with 1% bovine serum
206 albumin-PBS before the serum samples and the appropriate standard were added to each well.
207 Biotinylated rat monoclonal anti-IL-6 or-TNF-α antibody (BD Pharmingen) at 2 μg/ml was

208 added as the second antibody. Detection was performed with streptavidin-peroxidase, and the
209 plates were developed by use of TMB.

210

211 ***qRT-PCR.*** Total RNA was prepared using the GeneJET RNA Purification Kit (Fisher
212 Scientific – Schwerte, Germany). RNA was reverse transcribed with RT (Hoffman La Roche,
213 Basel Switzerland) and cDNA synthesis was performed with a Gibco RT-PCR kit according
214 to the manufacturer's instructions. The single-stranded cDNA was then subjected to PCR
215 amplification under standard reaction conditions. The PCR primer sequences for the TLR-2
216 gene were as followed: forward: 5'-AAG AGG AAG CCC AAG AAA GC-3; reverse: 5'-
217 ACC CAA AAC ACT TCC TGC TG-3`and forward: 5'-TGG AAT CCT GTG GCA TCC
218 ATG AAA C-3'; reverse: 5'-TAA AAC GCA GCT CAG TAA CAG TCC G-3'. The
219 sequences for the housekeeping gen *β-actin* are as followed, forward: 5'-TGG AAT CCT
220 GTG GCA TCC ATG AAA C-3'; reverse: 5'-TAA AAC GCA GCT CAG TAA CAG TCC
221 G-3'. The resultant PCR products were electrophoresed on a 2% agarose gel, stained with
222 ethidium bromide, and photographed (Gel Doc™ XR System, BioRad, Hercules/Kalifornien,
223 USA).

224

225 ***Generation of skin air pouches.*** Mice were anesthetized with Isofluran (Isoba; Essex
226 Tierarznei, München, Germany) and infected subcutaneously with 5×10^7 CFU of GFP-
227 expressing *E. faecalis*. Mice were killed by CO₂ inhalation at 2 h after bacterial inoculation
228 and the infiltrating inflammatory cells were isolated from the side of infection by extensively
229 rinsing with warm IMDM medium. Inflammatory cells were incubated for 5 min at 4 ° C with
230 anti-CD16/CD32 antibodies to block the FcR, followed by PE-conjugated anti-CD117
231 antibodies. After incubation for 30 min at 4 ° C, cells were washed and flow cytometry
232 analysis was performed using a FACSCalibur TM (Becton Dickinson). MCs were gated

233 according to their expression of CD117 antigen (FL2). MCs associated with green-labeled
234 enterococci were identified by the expression of green fluorescence (FL1).

235

236 ***Live/Dead staining.*** MCs were seeded on glass coverslips, incubated for 5 minutes
237 and then infected with *E. faecalis* at a MOI of 10 bacteria per mast cell. After 2 h incubation
238 at 37°C in a 5% CO₂ atmosphere, gentamycin (100 µg/ml) was added to kill non-
239 phagocytosed bacteria and MCs were further incubated for 2 h at 37°C, 5% CO₂.
240 Discrimination between intact and damaged MCs was performed using the LIVE/DEAD
241 viability/cytotoxicity kit for animal cells (Molecular Probes, Leiden, The Netherlands)
242 according to manufacturer's instructions. Briefly, infected MCs were washed with PBS and
243 incubated with 250 µl of PBS containing 2 µM Calcein-AM and 8 µM ethidium homodimer-
244 1. Cells were incubated at room temperature for 15 minutes and photographed under
245 fluorescein isothiocyanate illumination in an epifluorescence microscope (Zeiss Axiophot,
246 Zeiss, Germany) coupled to a camera (model AxioCam HRc, Zeiss) and analysed by
247 AxioVision Software 4.8 (Zeiss).

248

249 ***Visualization of MCs extracellular traps.*** To examine the release of extracellular traps
250 by fluorescence microscopy, BMDCs were seeded on poly-L-lysine-covered glass cover
251 slips, infected with *E. faecalis* at a MOI of 1:1 and fixed with 4% paraformaldehyde at 4 h of
252 infection. BMDCs were then stained using the LIVE/DEAD cell viability kit for mammalian
253 cells (Invitrogen, Karlsruhe, Germany) following the manufacturer's recommendations and
254 examined using a Zeiss Axiophot microscope with an attached Zeiss AxioCam HRc digital
255 camera and Axiovision software 4.8 (Carl Zeiss, Oberkochen, Germany). LIVE/DEAD
256 BacLight™ Bacterial viability kit (Invitrogen) was used in some experiments to determine
257 the viability of *E. faecalis* following the recommendations of the manufacturer.

258

259 **Double immunofluorescence microscopy.** 5×10^5 MCs were seeded on poly-L-lysine
260 treated coverslides and infected with *E. faecalis* at a MOI of 10 to 1. After 90 min incubation,
261 the coverslides were rinsed and cells were fixed with 3.7% formaldehyde. For double
262 immunofluorescence staining, extracellular bacteria were stained with polyclonal rabbit anti-
263 *E. faecalis* antibodies, followed by Alexa green-conjugated goat anti-rabbit antibodies
264 (Sigma, Deisenhofen, Germany). After several washes, the cells were permeabilized by
265 0.01% Triton X-100 in PBS and washed again and intracellular bacteria were stained by anti-
266 *E. faecalis* antibodies, followed by Alexa red-conjugated goat anti-rabbit antibodies (Sigma).
267 The fluorescence images were obtained using a Zeiss Axiophot microscope with an attached
268 Zeiss AxioCam HRc digital camera and Axiovision software 4.8 (Carl Zeiss, Oberkochen,
269 Germany)

270

271 **Electron microscopy.** For scanning electron microscopy, samples were fixed with 5%
272 formaldehyde and 2% glutaraldehyde in cacodylate buffer for 1 h on ice and washed in TE
273 buffer. Dehydration was performed with a graded series of acetone, critical-point dried with
274 CO₂, and sputter coated with gold-palladium before examination in a Zeiss field emission
275 scanning electron microscope Merlin at 5 kV using the Everhart-Thornley SE detector and the
276 in-lens secondary electron (SE) detector in a 25:75 ratio.

277

278 **Statistics.** Data were analyzed by using Excel 2007 (Microsoft Office) or GraphPad
279 Prism 5.0 (GraphPad software). All data are presented as mean \pm SD. Comparison between
280 groups was made by use of *t*-test or one-way ANOVA or non-parametric Mann-Whitney test.
281 *P* values ≤ 0.05 were considered as significant.

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285 **RESULTS**

286 ***E. faecalis* interacts with MCs *in vitro* and *in vivo*.** Scanning electron microscopy was used
287 to visualize the interactions of *E. faecalis* with MCs, in *in vitro* cultures. As shown in Fig. 1A
288 and 1B, *E. faecalis* attached to the surface of MCs. To demonstrate that this interaction also
289 occurs in an *in vivo* environment, GFP-expressing *E. faecalis* was injected subcutaneously in
290 the back of mice and the inflammatory cells recruited to the site of infection were collected at
291 2 h after bacterial inoculation. Infiltrated cells were stained with PE-conjugated anti-CD117
292 antibodies to identify the MC population by flow cytometry. Anti-CD117 antibody was
293 specific for MCs and did not bind *E. faecalis* (supplementary Fig 1). The results showed that
294 approximately 28% \pm 2% of MCs isolated from the infected skin contained *E. faecalis*-GFP
295 (Fig. 1C). As MCs have been previously shown to induce growth inhibition of several
296 pathogens (17, 18), we determined if MCs were also capable to influence the growth of *E.*
297 *faecalis* in *in vitro* cultures. For this purpose, the growth of *E. faecalis* was determined over
298 time in the presence and absence of MCs. Results in Fig. 1D show that MCs were also very
299 efficient at inhibiting the growth of *E. faecalis*. MCs were capable to inhibit the growth over a
300 wide range of clinical isolates (Fig. 1E).

301

302 **TLR2 signaling is crucially involved in MCs recognition of *E. faecalis*.** As TLR2 is
303 among the most important pattern recognition receptors for gram-positive microorganisms,
304 we examined the potential contribution of TLR2 to recognition of *E. faecalis* by MCs. First
305 we investigated the potential contribution of TLRs to the recognition of *E. faecalis* by MCs.
306 For this purpose, we characterized the response of MCs derived from MyD88^{-/-} mice, an
307 adaptor molecule required for signaling by most TLRs, to *in vitro* challenge with *E. faecalis*.
308 MyD88^{-/-} MCs were significantly impaired in their capacity to degranulate in response to *E.*
309 *faecalis* as measured by the release of β -hexosaminidase (Fig. 2A). MyD88^{-/-} MCs were also
310 less effective than wild-type MCs to inhibit *E. faecalis* growth (Fig. 2B).

311 MCs deficient in the expression of TLR2 also exhibited significantly lower level of
312 degranulation (Fig. 2A) and growth inhibitory effects against *E. faecalis* (Fig. 2B) than wild-
313 type MCs. Furthermore, *E. faecalis* co-cultured with wild-type MCs showed vesicle-like
314 structures on the bacterial surface (Fig. 2C) which were less evident on bacteria cultivated
315 with TLR2^{-/-} MCs (Fig. 2D) or untreated control bacteria (Fig 2E). The number of enterococci
316 displaying vesicle-like structures after co-cultivation with either wild type MCs, TLR2^{-/-} MCs
317 or cell culture medium was quantified by scanning electron microscopy after counting more
318 than 300 individual organisms in 10 selected chains. A significantly higher percentage of *E.*
319 *faecalis* bacteria producing vesicles was found after co-cultivation with wild type MCs
320 (89.9%) in comparison to TLR2^{-/-} MCs (12.2%) or control bacteria (6.4%) ($p < 0.005$. *E.*
321 *faecalis* co-cultured with wild type MCs vs TLR2^{-/-} MCs and $p < 0.005$ for *E. faecalis* co-
322 cultured with MCs vs medium alone).

323 The release of inflammatory cytokines such as IL-6 (Fig. 3A) and TNF- α (Fig. 3B) by MCs in
324 response to *E. faecalis* was also mediated by the TLR2 signaling pathway since MCs deficient
325 in the expression of MyD88 or TLR2 released significantly lower levels of these cytokines
326 after exposure to *E. faecalis*. Furthermore, the pathogen induced the up-regulation of TLR2 in
327 MCs as demonstrated by the increased level of *tlr2* mRNA in MCs after exposure to *E.*
328 *faecalis* (Fig. 3C).

329

330 **MCs release antimicrobial extracellular traps (MCETs) in response to *E. faecalis*.**

331 We next investigated the potential mechanism used by MCs to inhibit growth of *E. faecalis*.
332 To determine if killing of *E. faecalis* by MCs was dependent of phagocytic uptake, MCs were
333 infected with *E. faecalis* for 90 min and the amount of internalized bacteria determined by
334 double immunofluorescence microscopy. The fluorescence microscopy photographs depicted
335 in Fig. 4A show that *E. faecalis* is scarcely internalized by MCs. These results suggest that the

336 antimicrobial effect of MCs against *E. faecalis* was essentially mediated by extracellular
337 mechanisms.

338 As it has been previously reported that MCs release MCETs with antimicrobial effect
339 (17), we evaluated whether MCs released ETs after encounter *E. faecalis*. MCs were infected
340 for 3 h with *E. faecalis* or medium alone, fixed, and processed for immunofluorescence
341 microscopy. Histone staining reveals formation of MCETs by MCs in co-culture with *E.*
342 *faecalis* (Fig. 4C) but not by MCs cultured in medium alone (Fig. 4B). Quantification of
343 MCETs released after exposure to *E. faecalis* is shown in Fig. 4D. MCs stimulated for 3 h
344 with PMA served as positive control.

345 We next determined the potential contribution of MCETs to the *E. faecalis* growth
346 inhibition exerted by the MCs. For this purpose, we analysed the viability of *E. faecalis*
347 cultured in the presence of MCs for 3 h using Live/Dead[®] staining. The confocal microscopy
348 picture depicted in Fig. 5A shows that *E. faecalis* microorganisms entrapped in the MCETs
349 were dead (arrows). However, we observed that a proportion of free *E. faecalis* were also
350 dead, suggesting that MCs also killed *E. faecalis* in a MCETs-independent manner (Fig. 5B).
351 To determine the proportional contribution of MCETs to the growth inhibition of *E. faecalis*,
352 MCs were co-cultivated with *E. faecalis* at a MOI of 1:1 for 90 min in the presence or absence
353 of 50 mU of endonuclease, which has been shown to dismantel MCETs by digesting the
354 nuclear back bone (17). Destruction of MCETs resulted in only partial growth inhibition of *E.*
355 *faecalis* by MCs suggesting that an additional mechanism was also involved (Fig. 5C).

356

357 **Release of antimicrobial compounds by MCs contributes to the growth inhibition**
358 **of *E. faecalis*.** We next determined whether the additional mechanism used by MCs to inhibit
359 the growth of *E. faecalis* was mediated by the release of antimicrobial compounds contained
360 in the MCs granules. Indeed, toluidine-blue staining indicated a massive degranulation of
361 MCs after encounter *E. faecalis* (Fig 6B). Toluidin-.stained uninfected MCs are shown in Fig

362 6A for comparison. The degranulation of MCs was also evidenced by scanning electron
363 microscopy (Fig. 6C-E). We then determined the contribution of antimicrobial compounds
364 released by MCs after degranulation to the growth inhibition of *E. faecalis* using MCs, which
365 have been treated with cromolyn, a stabilizing agent that inhibits MC degranulation.
366 Treatment with cromolyn strongly reduces the capacity of MCs to inhibit the growth of *E.*
367 *faecalis*. Thus *E. faecalis* inhibition by MCs was reduced to 27.4 fold when MCs were treated
368 with cromolyn to block degranulation (Fig. 6F).

369 Together these results indicate that the antimicrobial effect exerted by MCs against *E. faecalis*
370 was mediated in part by the release of MCETs and in part by the release of antimicrobial
371 compounds after degranulation. To confirm this postulation, we determined the levels of
372 growth inhibition of *E. faecalis* by degranulated MCs and in the presence of nuclease to
373 dismantle the MCETs. MCs treated with cromolyn and nuclease was completely impaired in
374 their capacity to inhibit the growth of *E. faecalis* (Fig. 6G). These results confirmed the
375 components of both MCETs and release of granule compounds to the anti-microbial effect of
376 MCs against *E. faecalis*.

377

378 **The cathlecidin LL-37 exhibits strong anti-microbial effects against *E. faecalis*.**

379 One important antimicrobial factor released by MCs is the cathlicidins LL-37 (20, 21).
380 Therefore, we examined the effect of LL-37 on *E. faecalis*. As shown in Fig. 7A, LL-37
381 exerted a strong anti-microbial effect against *E. faecalis* at a concentration of 10 µg/ml. This
382 effect was also observed when different clinical isolates of *E. faecalis* were tested (data not
383 shown). *E. faecalis* incubated in the presence of LL-37 (10 µg/ml) displayed the same
384 membrane vesicle formation as it was already observed on bacteria co-cultivated with MCs,
385 non-treated *E. faecalis* bacteria served as controls (Fig. 7B, C). The number of enterococci
386 displaying vesicle-like structures after cultivation in the absence or in the presence of LL-37
387 (10 µg/ml) was quantified by scanning electron microscopy after counting 100 individual

388 bacteria (supplementary figure 3). A significantly higher percentage of *E. faecalis* bacteria
389 produced vesicles after treatment with LL-37 (94.4%) compared to bacteria grown in medium
390 alone (5.7%) ($p < 0.0005$).

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412 **DISCUSSION**

413 The nosocomial human pathogens *E. faecalis* and *E. faecium* are classically considered as the
414 main cause of enterococcal bacteremia. Enterococci are the third most common pathogens
415 isolated from human bloodstream infections (22-25) and it has been previously reported that
416 up to 90% of enterococcal infections in human are caused by *E. faecalis* (26). Despite
417 bloodstream infections they are also important causes of urinary tract infections, endocarditis,
418 intra-abdominal and pelvic infections not only in the hospital environment but even more
419 concerning in the community environment (27). The high propensity of these pathogens to
420 acquire and express new antibiotic resistance determinants further increases their ability to
421 sustain antibiotic selection, impeding bacterial clearance and thus promoting gastrointestinal
422 colonization (28). Furthermore, transfer of transposable mobile genetic elements carrying
423 antibiotic resistance determinants from *E. faecalis* to other bacterial genera by broad host
424 range conjugative elements, aggravates the problems associated with the spreading of
425 multidrug resistant pathogens (5).

426 Despite the clinical importance of *E. faecalis* infections little is known about the
427 interactions of *E. faecalis* with the host immune system. This knowledge could lead to new
428 strategies to improve the natural host resistance to this emerging pathogen. Investigations to
429 unravel the interaction of enterococci with host immune cells have been strongly focused on
430 the role of professional phagocytotic cells. In this regard, several reports have highlighted the
431 crucial role of polymorphonuclear neutrophils in the early control of *E. faecalis* (29).
432 However, little is known about the interactions of *E. faecalis* with other important immune
433 cell types with high immune modulatory functions like MCs. MCs are inflammatory cells
434 which are typically located immediately beneath the epithelial surfaces exposed to the outer
435 environment such as the skin, the mucosa but also the respiratory, genitourinary and
436 gastrointestinal tract (10). Because many of these sites are also common entry ports for
437 pathogens, MCs represent one of the first immune cells encountered by an invading pathogen

438 and therefore initiating the inflammatory immune response against these microbes (30).
439 Recent evidences have suggested that MCs have a beneficial contribution to both innate and
440 adaptive immunity during infection (31). In this study, we performed an in-depth
441 characterization of the interactions of *E. faecalis* with MCs. The results demonstrated that
442 MCs exhibited a remarkable anti-microbial effect against *E. faecalis*.

443 MCs have been shown to be able to kill bacteria by two different mechanisms (16): (1)
444 phagocytosis (mainly Gram-negative bacteria) and/or (2) extracellular either by the release of
445 anti-microbial peptides such as LL-37 by degranulation or by the formation of MCETs (17) or
446 a combination of both (18). We found no evidence that *E. faecalis* could actively invade MCs
447 as it was previously demonstrated for other Gram-positive pathogens like *Staphylococcus*
448 *aureus* (18) or Gram-negative bacteria like *Escherichia coli* (32). These pathogens are able to
449 persist for long time periods intracellularly within MCs without losing viability by gaining
450 access into MCs by a rout distinct from the classical endosome-lysosome pathway.

451 Our study shows that MCs became activated after encountering *E. faecalis* and exerted a
452 direct extracellular antimicrobial activity against this pathogen that was mediated by various
453 extracellular mechanisms. One of those mechanisms involves the formation of MCETs, where
454 *E. faecalis* microorganisms are trapped and killed. However, the level of MCET formations
455 was not as pronounced as it has been reported for other pathogens like *Streptococcus*
456 *pyogenes* (17) and therefore killing of *E. faecalis* by MCETs cannot account for the fully anti-
457 microbial effect of MCs observed in this study. This was further confirmed by the diminished
458 but still significant anti-microbial effect of MCs after dismantling the MCETs by nuclease
459 treatment. The reason why only a percentage of MCs in the cultures released MCETs after
460 encounter *E. faecalis* is not yet clear, however, this is likely to reflect a heterogeneity in the
461 physiological status of the MCs in the culture. A similar phenomenon has been reported in
462 extracellular traps formation by neutrophils (33).

463 The second extracellular mechanism used by MCs to control *E. faecalis* consisted in
464 the discharge of granule anti-microbial compounds. Several studies have shown that
465 activation of MC degranulation leads to an effective killing of various Gram-positive as well
466 as Gram-negative bacteria (34). In the present study, blocking MC degranulation by cromolyn
467 strongly impaired the anti-microbial effect exerted by MCs against *E. faecalis*, which argues
468 for a predominant contribution of MC degranulation to the antimicrobial response of MCs to
469 *E. faecalis*. MC degranulation is generally accompanied by the release of anti-microbial
470 peptides such as cathepsin G or cathelicidins (20, 35), which are known to inhibit growth of
471 various Gram-positive bacteria including *S. pyogenes* or *S. aureus* (20, 36, 37). Our results
472 show that *E. faecalis* was very sensitive to the anti-microbial effect of cathelicidin LL-37,
473 indicating a potential major role of this anti-microbial peptide in the anti-microbial activity of
474 MCs against *E. faecalis*, which has been suggested in other studies (38-41). Scanning electron
475 microscopy examination revealed that *E. faecalis* exposed to either MCs or to LL-37
476 microorganism developed vesicle-like structures on the bacterial surface. Such vesicles have
477 been described mainly for Gram-negative microorganism like *E. coli* (42), *Salmonella*
478 *enterica* (43) or *Pseudomonas aeruginosa* (44) and some Gram-positive microorganisms like
479 *S. aureus* (45, 46), *Streptococcus pneumoniae* (47), Mycobacteria (48) and *Bacillus anthracis*
480 (49). The function of these vesicles is not yet clear but they may be related to bacterial
481 responses towards environmental stress, which in our study might be produced by the anti-
482 microbial compounds of MCs acting in the bacterial cell-wall.

483 There are multiple direct and indirect pathways by which MCs can be selectively
484 activated by pathogens. These include TLRs, co-receptors and complement receptors, among
485 which the TLR family occupies a central position. Signalling via these receptors guides the
486 immune system to produce an effective immune response to invading pathogens. We also
487 investigated in this study the receptors involved in the recognition of *E. faecalis* by MCs.
488 Using MCs deficient in MyD88, a critical adaptor molecule for most TLRs, we demonstrated

489 that recognition of *E. faecalis* by MCs was largely mediated by TLRs. Among the different
490 TLRs, we selectively evaluated the role of TLR2 because of the important role in the
491 recognition of Gram-positive microorganisms. TLR2 signalling has been reported to be
492 critically involved in the control of other pathogens like *Francisella tularensis* by MCs (50).
493 Furthermore, it has been demonstrated that lipoteichoic acid of *E. faecalis* induces the
494 expression of chemokines in macrophages mainly via the TLR2/PAFR signalling pathway
495 (51). Also the involvement of other TLRs in the immune response to enterococci have been
496 demonstrated in recent studies, involving the recognition of enterococcal nucleic acids by the
497 endosomal TLRs 7 and 9 in macrophages (52). Our results reveal an important role of TLR2
498 signaling for activation of MCs in response to *E. faecalis*. Thus, MCs deficient in the
499 expression of TLR2 were significantly impaired in their capacity to release inflammatory
500 cytokines such as IL-6 and TNF- α . IL-6 release by MCs was recently shown to be important
501 to regulate the selective influx of dendritic cells (DCs) into inflamed lymph nodes, thus
502 enhancing opportunities for effective T cell-DC interaction and therefore for mounting an
503 effective adaptive immune response to bacterial pathogens (53). In particular, the release of
504 TNF- α by local MCs can be seen as an important protective mechanism elicited by MCs during
505 enterococcal infection, because TNF- α serves as an important chemo attractant for phagocytic
506 cells like PMNs and macrophages which are involved in the elimination of this pathogen.
507 Furthermore, the anti-microbial effect of MCs against *E. faecalis* was strongly reduced in
508 TLR2^{-/-} MCs in comparison with wild-type MCs. We also found that TLR2^{-/-} MCs exhibited a
509 similar capacity to release MCETs than wild-type MCs (data not shown), we speculated that
510 MC degranulation and release of anti-microbial compounds may be driven by TLR2
511 signaling. Indeed, TLR2^{-/-} MCs were strongly impaired in their capacity to degranulate after
512 encounter *E. faecalis*. Interestingly, our results also showed that MCs up-regulated TLR2
513 expression after encountering *E. faecalis*. Increasing the availability of TLR2 by the MCs can
514 serve to amplify the magnitude of the inflammatory response mediated by this receptor.

515 In summary, this study provides for the first time experimental evidence that MCs
516 exert antimicrobial activity against *E. faecalis* and thereby supporting a protective effect of
517 this immune cell type against this important pathogen. Further studies are however needed to
518 elucidate the further facets of MCs-*E. faecalis* interactions as well as the bacterial
519 determinants involved in MC activation. Understanding the mechanisms and scope of the
520 contribution of MCs to host defense will be crucial to understand in respect to regulate their
521 activity therapeutically during bacterial infections.

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548 **FIGURE LEGENDS**

549

550 **FIGURE 1.** Association of *E. faecalis* with MCs. (A) Scanning microscopy picture of *E.*
551 *faecalis* attached to the surface of MCs (bacteria are indicated by white arrows). (B) High
552 magnification of a MC harboring *E. faecalis* (white arrow). Bars represent 3 μm in (A) and 2
553 μm in (B). (C) Histogram analysis showing MCs associated with *E. faecalis* during *in vivo*
554 infection. Mice were subcutaneously inoculated with 5×10^7 GFP-expressing *E. faecalis*,
555 infiltrated cells were isolated from the site of bacterial inoculation at 2 h of infection and the
556 amount of MCs (CD117+) containing *E. faecalis* was determined by flow cytometry. The
557 percentage of MCs containing *E. faecalis* was determined by the increase in green-
558 fluorescence (GFP) within the gated CD117+ cell population. One representative experiment
559 out of three is shown. (D) Growth kinetics of *E. faecalis* in the presence (squares) or absence
560 (circles) of MCs (MOI 1:1). A compilation of three independent experiments is shown. *, $p <$
561 0.05. (E) Growth inhibition (%) of *E. faecalis* clinical isolates in the presence of MCs
562 determined at 90 min of co-culture. Percentage of bacterial growth inhibition in the presence
563 of MCs was calculated using net bacterial growth based on CFU after 90 min with the
564 following formula: $(\text{CFU in medium alone} - \text{CFU in medium+MCs} / \text{CFU in medium alone})$
565 $\times (100)$. Each bar represents the mean \pm SD of triplicates from three independent experiments.

566

567 **FIGURE 2.** MCs derived from wild type TLR2^{-/-} or MyD88^{-/-} mice were impaired in their
568 capacity to (A) degranulate and (B) to inhibit growth of *E. faecalis* (120 min of infection).
569 Each bar represents the mean \pm SD of quadruplicates from two independent experiments. *, p
570 < 0.05 ; **, $p < 0.01$; ***, $p < 0.001$. Scanning microscopy picture of *E. faecalis* co-cultivated
571 with either wild type MCs (C), TLR2^{-/-} MCs (D) or medium alone (E) (white arrows indicate
572 membrane vesicle formation in the surface of *E. faecalis*). Bars represent 1 μm in (C), (D) and
573 (E).

574 **FIGURE 3.** MCs derived from either wild type, TLR2^{-/-} or MyD88^{-/-} mice were altered in
575 their capacity to release (A) IL-6 and (B) TNF- α in response to *E. faecalis*. Each bar
576 represents the mean \pm SD of three independent experiments. **, $p < 0.01$. (C) Expression of
577 *tlr2* mRNA on MCs after infection with *E. faecalis*. MCs were exposed to *E. faecalis* for 2 h,
578 washed and further incubated in the presence of gentamicin for 6 h and 24 h. Total RNA was
579 isolated followed by quantitative measurement of *tlr2* mRNA expression in MCs after
580 infection with *E. faecalis* by qRT-PCR. β -actin served as internal control and the results of the
581 qRT-PCR were calculated according to the $\Delta\Delta$ CT method (38). One representative result out
582 of three is shown.

583

584 **FIGURE 4.** Double immunofluorescence staining of *E. faecalis*-infected MCs (A) and MCs
585 released extracellular traps after exposure to *E. faecalis*. MCs were infected with *E. faecalis*
586 at a MOI of 10 to 1 for 90 min incubation and stained for double immunofluorescence.
587 Extracellular bacteria were stained by anti-*E. faecalis* antibodies, followed by Alexa green-
588 conjugated goat anti-rabbit antibodies (ii). MCs were then permeabilized by 0.01% Triton X-
589 100 in PBS and intracellular bacteria were stained by anti-*E. faecalis* antibodies, followed by
590 Alexa red-conjugated goat anti-rabbit antibodies (iii). The DNA is stained in blue (i). The
591 lack of red bacteria in the merged multi fluorescence picture in (iv) shows that *E. faecalis* is
592 located mainly extracellular. MCs were seeded on poly-L-lysine coated glass slides and (B)
593 left untreated or (C) infected with *E. faecalis* for 3 h. MCs were then fixed with 4%
594 paraformaldehyde and examined by immunofluorescence microscopy after Histone
595 (red)/DAPI (blue) staining. Bars represent 10 μ m. (D) Microscopic quantification of MCETs
596 released per field of view (40x magnification) in untreated control, *E. faecalis*-infected (MOI
597 10:1) and PMA- (200 μ M) treated MCs. Each bar represents the mean \pm SD of three
598 independent experiments. **, $p < 0.01$; ***, $p < 0.001$.

599

600 **FIGURE 5.** Live/Dead[®] staining of MCs infected with *E. faecalis*. (A and B) MCs were
601 seeded on poly-L-lysine coated glass slides, then infected with *E. faecalis* for 3 h at a MOI 10
602 : 1, fixed with 4% paraformaldehyde and examined by immunofluorescence microscopy after
603 staining with Live/Dead[®] reagents. Dead bacteria appear red and viable bacteria appear green.
604 Arrows indicate dead bacteria . Bars represent 10 μm in (A) and 5 μm in (B). (C) Growth
605 kinetics of *E. faecalis* in medium alone (circles), in medium + nuclease (triangles), or in co-
606 culture with either untreated (squares) or nuclease-treated (inverted triangles) MCs. Each
607 point represents the mean \pm SD of triplicates from three independent experiments. *, $p < 0.05$.
608

609 **FIGURE 6.** Contribution granule components released by MCs to the antimicrobial effect
610 against *E. faecalis*. Uninfected MCs (A) or MCs were infected for 3 h with *E. faecalis* (B)
611 were fixed and stained with toluidine-blue. (C-E) Scanning electron photographs showing an
612 uninfected MC (C) and a MC degranulating after infection with *E. faecalis* at a MOI of 10:1
613 (bacteria on the MC surface are indicated by a white arrow) (D). An enlarged view of *E.*
614 *faecalis* on the MC surface is shown in (E). Bars (A) and (B): 10 μm and Bars (C) and (D):
615 5 μm ; e: 1 μm). (F) Growth kinetics of *E. faecalis* in medium alone (circles), in medium +
616 cromolyn (triangles), or in co-culture with either untreated (squares) or cromolyn-treated
617 (inverted triangles) MCs. Each point represents the mean \pm SD of triplicates from three
618 independent experiments. (G) Growth of *E. faecalis* in medium alone (white bar) or co-
619 cultured with MCs either untreated (dark gray bar) or treated with cromolyn (light grey bar),
620 nuclease (hatched bar) or both (black bar) for 90 min. Each point represents the mean \pm SD of
621 triplicates of three independent experiments. *, $p < 0.05$.

622
623 **FIGURE 7.** Anti-microbial effect of LL-37 against *E. faecalis*. (A) Growth of *E. faecalis* in
624 the presence of different concentrations of cathelicidine LL-37 for 120 min. Each bar
625 represents the mean \pm SD of quadruplicates from two independent experiments. *, $p < 0.05$.

626 Scanning electron microscopy photographs of (B) untreated or (C) LL-37-treated (10 µg/ml)
627 *E. faecalis*. Arrows indicate membrane vesicle formation on the surface of *E. faecalis*. Bars
628 represent 1 µm in (B) and (C). Insertion shows enlarged scanning electron micrograph.
629 Arrows indicated vesicle formation on the bacterial surface. Bar represents 1 µm (C,
630 insertion).

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