

Running title: Treg and Th17 cells: a special relationship

The special relationship in the development and function of T helper 17 and regulatory T cells

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Key words: Regulatory T cells, T helper 17 cells, immune regulation, infection, inflammation

Abstract

T helper 17 (Th17) cells play an essential role in the clearance of extracellular pathogenic bacteria and fungi. However, this subset is critically involved in the pathology of many autoimmune diseases, e.g. psoriasis, multiple sclerosis, allergy, rheumatoid arthritis and inflammatory bowel diseases in humans. Therefore, Th17 responses need to be tightly regulated *in vivo* to mediate effective host defenses against pathogens without causing excessive host tissue damage. Foxp3⁺ regulatory T (Treg) cells play an important role in maintaining peripheral tolerance to self-antigens and in counteracting the inflammatory activity of effector T helper cell subsets. Although Th17 and Treg cells represent two CD4⁺ T cell subsets with principal opposing functions, these cell types are functionally connected. In this review, we will first give an overview on the biology of Th17 cells and describe their development and *in vivo* function, followed by an account on the special developmental relationship between Th17 and Treg cells. We will describe the identification of Treg/Th17 intermediates and consider their lineage stability and function *in vivo*. Finally, we will discuss how Treg cells may regulate the Th17 cell response in the context of infection and inflammation, and elude on findings demonstrating that Treg cells can also have a prominent function in promoting the differentiation of Th17 cells.

T helper 17 cells

Th17 cells were recognized as an independent T helper cell lineage and the cellular source of IL-17 in the year 2005¹⁻³ although the production of this cytokine by T cells had already been described earlier.^{4, 5} Since then, a plethora of studies and publications have shed light into the development and function of this important T cell lineage. It has become clear that besides the 'signature' cytokine IL-17A, Th17 cells can express an array of factors that include IL-17F, IL-6, IL-10, IL-22, GM-CSF, TNF α , CCL20, CCL22, IL1R α or the IL-23R. In addition to the CD4⁺ TCR $\alpha\beta$ ⁺ Th17 cells, other IL-17-producing cells have been identified, such as subsets of TCR $\gamma\delta$ ⁺ T cells⁶, invariant NKT cells⁷ or subpopulations of group 3 innate lymphoid cells (ILC).⁸

The development of Th17 cells

The path for the discovery of Th17 cells was opened in the year 2003 by the seminal finding that the autoimmune pathology observed in experimental autoimmune encephalomyelitis (EAE), the murine model of multiple sclerosis, was not dependent on IL-12 and thus Th1 cells, but rather on the cytokine IL-23.⁹ This was followed by the discovery that IL-23 promotes the development and expansion of an IL-17-producing CD4⁺ T helper cell lineage that was eventually termed Th17 cells.¹⁻³ Nevertheless, IL-23 alone cannot drive the differentiation of naïve T cells into Th17 cells, and it was shown simultaneously by several groups, that the addition of TGF- β 1 and IL-6 during initial TCR activation promotes the differentiation of Th17 cells.¹⁰⁻¹² IL-6 plays a crucial role during the initial phase by activating signal transducer and activator of transcription (STAT)3, which directly promotes the transcription of Th17 specific genes such as *Rorc* (encoding for retinoic acid receptor-related orphan receptor (ROR) γ t in T cells), *Il17* and *Il23r*.¹³ ROR γ t was first cloned as a shorter isoform of the hormone receptor ROR γ and described to be expressed in the thymus and in T cell lines.¹⁴ Besides its function in the context of thymocyte development¹⁵⁻¹⁸, further studies demonstrated that ROR γ t is expressed in lymphoid tissue inducer cells¹⁹, and thus plays an important role for lymphoid tissue development as well as for the function of group 3 innate lymphoid cells (ILC3).^{20, 21} However, work by the Littman group demonstrated in 2006 that ROR γ t was necessary for the development and function of the newly discovered CD4⁺ Th17 cell lineage, clearly defining ROR γ t as the 'master transcription factor' for Th17 cells.²² ROR γ t directly regulates the transcription of Th17 specific genes such as *Il17*, *Il17f* and *Il23r* and is a critical component of a larger network of transcription factors like STAT3, IRF4 or BATF. This transcriptional network collectively initiates the complete Th17 differentiation program and is important to maintain Th17 lineage stability.^{13, 23} Besides IL-6, which is crucial for initiating Th17 lineage specification, IL-21 has been demonstrated to serve as an autocrine factor important for growth and expansion of Th17 cells.^{24, 25}

Another important proinflammatory cytokine for the induction of Th17 cells is IL-1 β . The expression of IL1R during the initiation phase of Th17 cells is induced by IL-6, and signaling through the IL1R leads to enhanced IRF4 expression, which in turn further promotes the expression of ROR γ t.²⁶ Interestingly, it has been demonstrated that mechanistically, the role of IL-1 β in enforcing Th17 differentiation is mediated via its capacity to activate the mTOR pathway.²⁷ mTOR is an important regulator of the cellular metabolism, and its activation is crucial for the TCR-mediated development of naïve T cells into effector T cells. One important function of mTOR is the activation of catabolic pathways, and especially the induction of aerobic glycolysis and *de novo* fatty acid synthesis, which play an essential role in Th17 differentiation.²⁸⁻³⁰ In line with these findings, activation of the transcription factor HIF1 α , a downstream target of mTOR and an important positive regulator of glycolysis, has been shown to critically contribute to Th17 lineage development.^{31, 32} These latter results nicely illustrate how signaling pathways influence changes in basic cellular metabolic processes that are necessary to allow for the development of Th17 cells.

Evidence for a high functional diversity and lineage plasticity of Th17 cells

In contrast to IL-6 and IL-1 β , the role of TGF- β in Th17 differentiation is less well understood. There is ample evidence that TGF- β is of significance for Th17 development *in vivo*³³⁻³⁵ and, as mentioned above, the combination of TGF- β and IL-6 efficiently generates Th17 cells *in vitro*. Nevertheless, it is possible that a prominent function of TGF- β during Th17 differentiation is to suppress skewing into Th1 or Th2 direction.³⁶ In line with this notion, it was shown that Th17 cells could be efficiently generated in response to IL-1 β , IL-6 and IL-23 in a TGF- β -independent manner.³⁷ However, while Th17 cells that are generated in the presence of TGF- β and IL-6 are only weakly pathogenic and express significant levels of IL-10³⁸, it has become clear that presence of IL-23 is critical for the differentiation of pathogenic Th17 cells.^{37, 39, 40} In fact, it is very likely that the *in vivo* environment and the presence of specific factors and cytokines govern a high degree of functional plasticity within the Th17 lineage. In that respect, it has been shown recently in a model of anti-CD3-induced intestinal inflammation that Th17 cells can be re-directed into a regulatory phenotype. This was shown to be dependent on the CCL20-CCR6 dependent recruitment of Th17 cells into the intestine and the induction of immune-suppressive factors such as IL-10 in these cells.⁴¹ Along the same line, it was demonstrated that in the absence of sufficient amounts of IL-23, the cytokines IL-12 and IL-27 can drive pre-committed Th17 cells into an IL-10-secreting, Tr1-like phenotype.⁴² In contrast, presence of IL-23 induces autocrine production of TGF- β 3 from developing Th17 cells, which in concert with IL-6 induced the development of very pathogenic Th17 cells, further demonstrating the importance of IL-23 for the development of proinflammatory Th17 cells.⁴³ In addition, this study by the Kuchroo group demonstrated that

TGF- β 3-induced pathogenic Th17 cells displayed a molecular distinct pattern compared to the classic TGF- β 1 induced Th17 cells, including the expression of several Th1-associated molecules such as T-bet. Indeed, several studies have shown that IL-23 induces the upregulation of the Th1 transcription factor T-bet with concomitant IFN- γ expression in Th17 cells^{37, 44-46}, and such IL-17⁺IFN- γ ⁺ cells have been associated with an enhanced reactivity and pathological potential, e.g. in the intestine.⁴⁷⁻⁵⁰ This functional diversity of Th17 cells is accompanied by a considerable tendency for lineage plasticity. In other words, the expression of IL-17A/F and ROR γ t (the minimal requirements for CD4⁺ T cell to be considered as a Th17 cell) may not reflect the end stage of Th17 effector/memory development, but represent a more or less stable intermediate within the transition into other functional T helper cell lineages. Consistent with this idea, IL-17 production in *in vitro* polarized Th17 cells is unstable and lost after several rounds of restimulation, leading eventually to an IFN γ ⁺ Th1 phenotype.⁵¹⁻⁵³ In addition, studies with purified *in vitro*-generated Th17 cells transferred to NOD mice revealed tissue infiltrating cells changing their phenotype to become Th1 cells.^{54, 55} Using a fate mapping strategy *in vivo*, it was demonstrated that the majority of T cells that expressed IL-17A/F at some stage their life cycle, had lost IL-17 expression at the time point of analysis.^{44, 56} Fate mapping of IL-17A-expressing reporter T cells in the context of experimental autoimmune encephalomyelitis (EAE) revealed that Th17 cells downregulate their IL-17 and ROR γ t expression and switch to a Th1-like phenotype.⁴⁴ Importantly, the results of this study suggest that IFN- γ and other proinflammatory cytokines in the spinal cord were produced almost exclusively by cells that had produced IL-17 before their conversion, indicating that Th17 cells indeed converted into more pathogenic 'exTh17' cells, at least under the chronic inflammatory conditions of this model. Nevertheless, recent evidence suggests that Th17 cells can also go along a different path and switch into IL-17-negative Tr1-like cells with a regulatory function. Using a triple transgenic IL-17 fate mapping / IL-10 reporter approach, Gagliani and colleagues showed that Th17 cells transdifferentiate in the anti-CD3-induced model of intestinal inflammation as well as during *S. aureus* mediated sepsis into suppressive IL-10⁺ 'exTh17' cells with low expression of ROR γ t, Foxp3 and genes associated with Th1 or Th2 cells.⁵⁷ Interestingly, the authors found that this conversion was dependent on TGF- β 1 signaling through Smad3 and could be enhanced by activation of the aryl hydrocarbon receptor (AhR) expressed on TGF- β 1-induced Th17 cells. Another example of Th17 lineage conversion was described by the Stockinger group again using IL-17A fate mapping mice.⁵⁸ Under non-inflammatory conditions, transferred Th17 cells preferentially homed to the intestine and were found to convert into functional follicular T(fh) helper cells in the Peyer's patches, as illustrated by loss of IL-17 and ROR γ t expression and the concomitant upregulation of Tfh-specific factors such as CXCR5, IL-21 and Bcl6.

Although these studies indicated that Th17 can readily lose their phenotype, it should be noted that converted Th17 cells may still carry specific traits that differentiates them from other Th cell lineages. The study by Muranski et al. suggests that IFN- γ ⁺T-bet⁺ 'exTh17' cells differ significantly in their molecular expression profile compared to classical derived Th1 cells.⁵⁹ In addition, it has been demonstrated that Th17 cells can be long lived and display a high potential for self-renewal in mice as well as in humans.^{59, 60}

Induction of Th17 cells under physiological conditions in vivo

Under normal physiological conditions the greatest number of ROR γ ⁺Th17 cells is found in barrier tissues like the skin, the mucosa of the respiratory tract and especially in the lamina propria of the intestine.^{22, 61} Interestingly, the presence of microbiota is absolutely required for the induction of Th17 cells in the intestine, since germ-free mice do not contain IL-17/IL-22 producing Th17 cells.⁶²⁻⁶⁴ A particular potent bacterial inducer of Th17 cells is *Candidatus arthromitus* (also known as segmented filamentous bacteria, SFB)⁶³, and it was demonstrated that Th17 cells within the small intestine possess a distinct TCR repertoire that recognizes and specifically responds to SFB-antigens.^{65, 66} However, even though SFB is a very efficient inducer of Th17 cells, it also induces other types of T helper cells such as Th1, Th2 and Treg as well as the production of IgA.^{62, 67} Furthermore, other groups of bacteria can also efficiently induce Th17 cells in the intestine.^{62, 64} Despite the strict requirement for the presence of microbes, intestinal Th17-induction was initially shown to be independent of MyD88/TRIF- and NOD-transmitted signals, and thus independent of classic microbe-associated molecular pattern (MAMP).^{63, 68, 69} Instead, colonization with SFB results in strong upregulation of Serum Amyloid A (SAA), a member of the family of acute-phase response proteins induced during infection, tissue damage, or inflammatory disease. SAA can induce Th17 differentiation, at least *in vitro*, by stimulating IL-6 and IL-23 expression by dendritic cells (DC).⁶³ This finding is in line with several reports demonstrating the important role of DC for the induction of intestinal Th17 cells. In the intestine, loss or reduction of a specific population of DC characterized by the expression of CD103 and CD11b, as observed in mice with a DC-specific deletion in IRF4, Notch2 or in human Langerin-DTA mice, results in significantly reduced numbers of Th17 cells.⁷⁰⁻⁷⁴ CD103⁺CD11b⁺ DC can express high levels of IL-6 and/or IL-23⁷¹⁻⁷³, suggesting that CD103⁺CD11b⁺ DC contribute to the development of intestinal Th17 mainly by the production of those cytokines. Interestingly, the addition of ligands for several TLRs, including TLR2, TLR5 and TLR9 to *in vitro* cultures strongly induce the production of IL-6 by CD103⁺CD11b⁺ DC, indicating that MyD88-mediated inflammatory signals are required for their ability to induce Th17 cells.^{71, 75, 76} Previous data highlighted the specific expression of IL-23 by a subset of intestinal TLR5⁺CD11b⁺ DC in promoting Th17 T helper cells.⁷⁷ In addition, a recent study further emphasized the crucial role of

CD103⁺CD11b⁺ DC for IL-23 production after stimulation by the TLR5 ligand flagellin, although the direct impact on Th17 induction was not analyzed in this study.⁷⁸ A direct role for IL-1 β in the microbiota-mediated induction of intestinal Th17 cells was also shown. CD11b⁺CD11c^{-/low} macrophages were identified as the main source of IL-1 β and, importantly, the induction of IL-1 production was shown to be dependent on MyD88-signalling.⁷⁹ Thus, while there is now good evidence for an essential role of DC, the exact contribution of MyD88-mediated signals for Th17 development is less clear. It is possible that redundant layers of Th17-inducing factors exist *in vivo* that depend on the actual presence of specific environmental factors or the status and composition of the intestinal flora. In this regard, it has been shown that microbiota-derived ATP can increase Th17 cell numbers in the colon, probably by binding to purinergic receptors on gut-residing CD70⁺ DC/macrophage subpopulations, leading to the induction of MyD88-independent IL-6, TGF- β and IL-23 production.⁶⁸ In addition, signals through Ahr, which recognizes ligands such as xenobiotic or natural arising toxins as well as ligands typically found in fruits and vegetables, may influence either directly or indirectly the development and function of Th17 cells. Initial studies have shown that Ahr is expressed on Th17 cells and that ligation with specific agonizing ligands can enhance Th17 development.^{80, 81} Furthermore, T cells derived from Ahr-deficient animals displayed reduced IL-17 and IL-22 expression and less potential to induce Th17-mediated disease.⁸¹⁻⁸³ Nevertheless, the exact role of Ahr in Th17 cell development and function *in vivo* is not completely understood. Recent studies indicate that Ahr deficiency mainly affects the function and maintenance of innate cells such as TCR $\gamma\delta$ ⁺ intra epithelial cells and group 3 ILCs.^{84, 85}

Role of Th17 cells in infection and inflammation

IL-17A, IL-17F and IL-22, produced by Th17 cells, bind to the receptors for IL-17A/F and IL-22 on the basal surface of intestinal epithelial cells, to produce antimicrobial peptides/proteins, e.g. lipocalin-2, β -defensins, Calprotectin, RegIII β , RegIII γ or S100A. These antimicrobial molecules in turn limit bacterial penetration through the single cell-epithelial barrier and further mediate the clearance of invading microorganisms.⁸⁶⁻⁸⁸ In addition, IL-22 also induces epithelial proliferation via STAT3 signaling, which facilitates wound healing and recovery from pathological damage caused by inflammation.⁸⁹ In response to self-produced IL-21, Th17 cells in turn expand during pathogen infection, which will boost the pathogen-specific Th17 cell response. Moreover, IL-21 together with IL-17 supports the formation of lymphoid tissues in the gut and facilitates the production of anti-pathogen antibodies to kill pathogens.⁹⁰ In addition to these mechanisms mediated by Th17 cells, this cell type is regarded as a master regulator of neutrophil-mediated clearance of invading microbes. Th17-derived cytokines induce granulopoietic factors like G-CSF or GM-

CSF and several CXC chemokines indirectly facilitate neutrophil development, proliferation, recruitment and function.⁹⁰ In addition, a recent study illustrates that human Th17 cells also directly secrete CXCL8 (also known as IL-8), IFN- γ , TNF and GM-CSF to recruit, activate and sustain the survival of neutrophils at the site of infection or inflammation.⁹¹ As a result of their production of the inflammatory cytokines and molecules, Th17 cells mediate effective protective immune defenses against invading pathogens, especially to extracellular bacteria and fungi at mucosal sites.⁸⁶

Initial reports have indicated that Th17 cells play a pivotal role in the host response against pulmonary infections. IL-17RA knockout (KO) mice showed a delay in neutrophil recruitment and displayed greater dissemination of *Klebsiella pneumoniae*. This effect was mediated mainly through decreased production of IL-17 downstream molecules such as G-CSF and CXCL2.⁹² The importance of Th17 cells in host defense against pulmonary infections is further emphasized in patients suffering from the autosomal dominant hyper IgE syndrome (HIES), also known as Job's syndrome. This disease is characterized by recurrent staphylococcal pneumonia, mucocutaneous candidiasis, elevated serum IgE and abnormalities of bone and connective tissues. Interestingly, it has recently been demonstrated that the underlying cause for this disease is a dominant negative mutation in STAT3.^{93, 94} The involvement of STAT3 and the consequent deficiency in Th17 induction seems to play an important role in the increased susceptibility towards the pulmonary infection, especially in mucocutaneous candidiasis.^{95, 96} Data derived from mouse models of candidiasis underline the significance of Th17 responses for the protection of the host. Mice deficient for molecules involved in the Th17 response such as IL17RA, IL-17RC, IL-23 or Act display enhanced susceptibility towards oropharyngeal candidiasis.^{95, 97, 98} Similar, IL-23- as well as IL-17A-deficient mice were shown to be susceptible towards dermal candidiasis.⁹⁹ *Candida albicans* can also cause disseminated infections leading to high mortality rates, and mice deficient for IL-17RA or IL-17A show enhanced susceptibility to this type of infection.¹⁰⁰⁻¹⁰² Although there is evidence that IL-17 produced by innate cells such as ILC or TCR $\gamma\delta^+$ T cells may be essential for the host defense against *C. albicans*¹⁰³, a recent report indicated that Th17 cells can confer long-term adaptive immunity to oral mucosal *C. albicans* infections.¹⁰⁴

Th17 cells are likely to be involved also in the protection of the host from intestinal infections. It has been shown that infection with the murine gut-specific extracellular pathogen *C. rodentium* induces a robust Th17 cell response in the colon of the hosts.^{11, 105} Mice deficient for IL-17A and/or IL-17F showed impaired clearance of *C. rodentium* and greater morbidity after *C. rodentium* infection at late time point of infection¹⁰⁶, illustrating the essential role of IL-17 producing cells in this model. In line with this study, the SFB-induced Th17 cell response protects the host from *C. rodentium*-mediated morbidity and mortality,

further confirming the importance of Th17 cell response against *C. rodentium*.⁶³ Initial studies have shown the pivotal role of IL-23 for protection against *C. rodentium* infection.¹¹ Although this cytokine plays a critical role for the pathogenicity and maintenance of Th17 cells as mentioned above, it is more likely that its major function during infection with *C. rodentium* is the activation of the ILC/IL-22 axis. In fact, ROR γ ⁺ group 3 ILCs are major producers of IL-22¹⁰⁷⁻¹⁰⁹, and mice that lack ILC3 or IL-22 are highly susceptible to intestinal infection with *C. rodentium*.¹⁰⁹⁻¹¹¹ IL-22 production by ILC3 can be induced by IL-23, which is secreted by intestinal DC after *C. rodentium* infection or intestinal TLR5 ligation.^{72, 78, 110, 112} Nevertheless, the actual contribution of ILC3 and Th17 cells for host protection may depend on the colonization status of the mice. In that respect, Th17 cells that are imprinted by signals derived from the steady-state microbiota (designated as 'innate' Th17 cells) have been assigned a crucial role for the protection against *C. rodentium* as well as *S. typhimurium* at the very early phase of infection in the caecum of mice.¹¹³ Together, these studies suggest that Th17 cells are crucial to mediate effective host protection from the pathogenic infections, indicating that the concomitant low grade Th17-mediated tissue inflammation can be beneficial for the host. However, there are circumstances in which Th17 mediated immunity, including the recruitment of neutrophils to sites of infection, does not result in improved pathogen clearance, but instead leads to dysregulated inflammation without benefit to the host. Such examples, in which the Th17 response results in exacerbation of disease with enhances inflammation and pathology have been described for several infections including *Aspergillus fumigatus*-induced pneumonia as well as intestinal infection with *C. albicans*¹¹⁴, gut infection with *Helicobacter pylori*^{115, 116} and after viral infections including respiratory syncytial virus (RSV), influenza virus¹¹⁷, Herpes virus and human rhinovirus.¹¹⁸

The critical contribution of Th17 cells to inflammation and autoimmunity in several disorders such as multiple sclerosis, psoriasis, rheumatoid arthritis, asthma or type 1 diabetes has been well documented.¹¹⁹ The cytokines and chemokines that are expressed by Th17 cells are found to be elevated in many of the described autoimmune diseases. Preclinical models have demonstrated that neutralization (or loss) of cytokines within the IL-17-IL-23 axis can have impressive beneficial effects on the inflammatory response and the disease-associated pathology.¹²⁰ Moreover, targeting of different Th17 factors by antibodies (e.g. against IL17A, IL-17RA, IL17A/F, IL17A/TNF or IL-23) has given encouraging results in human clinical trials.¹²¹ It should be noted however that clinical trials for the treatment of Crohn's disease, a form of inflammatory bowel disease, with IL-17-specific antibodies were terminated owing to a lack of efficacy or even disease exacerbation.^{122, 123} These findings suggest that it is not IL-17 production, but rather the IL-23-mediated induction of a pathogenic Th17 phenotype that drives inflammation. In line with this, a large study found that a single nucleotide polymorphism in the IL23R was significantly associated with chronic

inflammatory bowel disease in humans.¹²⁴ Indeed there is evidence that in the intestine, some levels of IL-17 (or Th17 cells) are beneficial and protect from inflammation. Transfer of IL17A-deficient T cells in the transfer colitis model of intestinal inflammation induced a stronger inflammatory response, associated with increased levels of IFN- γ producing T cells.¹²⁵ Likewise, antibody-mediated neutralization of IL-17 in the DSS colitis model aggravated disease, suggesting a protective role for IL-17 in intestinal inflammation.¹²⁶ In line with these studies, a protective role for IL-17 has been proposed in Graft versus host disease (GvHD). Although different studies have shown partially contradicting results regarding the role of IL-17 cytokines in GvHD, there is growing evidence that deficiency in IL-17 leads to aggravated GvHD in lung and colon, presumably due to upregulated Th1-responses.¹²⁷ Thus, there is now clear evidence that Th17 cells, especially in concert with the IL-23 axis, have a pathogenic function in chronic inflammation and autoimmunity. Nevertheless, Th17-derived cytokines, including IL-17 itself as well as IL-22, can contribute to tissue protection especially in the intestine, which emphasizes the importance of this cells type for normal intestinal homeostasis.

Th17 cells and Treg cells: a special relationship

T cells with suppressive functions were initially characterized as CD25 (α subunit of IL-2 receptor) expressing CD4⁺ T cells.¹²⁸ It was shown that transfer of such 'suppressor' CD4⁺CD25⁺ T cells confer protection from effector T cell induced autoimmune disease. Scurfy mice and patients with immunodysregulation, polyendocrinopathy, enteropathy X linked (IPEX) syndrome share similar symptoms of massive aggressive autoimmunity and early death¹²⁹⁻¹³¹, and it was found that mutations in the *Foxp3* locus on the X chromosome are associated with the severe autoimmunity both in human and mice.¹³¹⁻¹³³ Further studies illustrated that *Foxp3* is exclusively expressed in CD4⁺CD25⁺ Treg and is critical for the suppressive function of Treg.^{134, 135} By using *Foxp3*^{GFP} knock-in reporter mice, Fontenot and colleagues confirmed that *Foxp3* is the critical lineage marker for CD4⁺TCRαβ⁺ Treg.¹³⁴ Since their discovery, *Foxp3*⁺ Treg cells have been shown by many studies to be essential for suppression of effector T cells and maintaining tolerance against self and foreign antigens. Genetic approaches that allow for specific depletion of *Foxp3*-expressing cells in mice¹³⁶⁻¹³⁸ have been instrumental to unravel the function of *Foxp3*⁺ Treg in inflammation, infection and cancer.¹³⁶⁻¹⁴¹ According to the distinct origins and developmental programs, Treg are further divided into two subgroups – thymus-derived Treg (tTreg) and peripherally derived Treg (pTreg). Recent findings indicate that under homeostatic conditions, pTreg are of functional importance mainly at feto-maternal interfaces and for maintaining tolerance to food- and microbiota-derived antigens at mucosal sites.¹⁴²⁻¹⁴⁵

Th17 and Treg cells develop via a common Foxp3⁺ROR γ t⁺ phenotype

An interesting aspect of Th17 development is the fact that it is functionally linked to the development of Foxp3⁺ Treg cells. Despite their different functions in tolerance and inflammation, Treg and Th17 cells share the requirement for TGF- β to develop from naïve T cells. When activated in the presence of ~~TGF- β~~ or TGF- β +IL-6, naïve T cells start to simultaneously upregulate both Foxp3 and ROR γ t, and it has been shown that these transcription factors can directly interact with each other.^{61, 146, 147} From this intermediate Foxp3⁺ROR γ t⁺ stage, the cells can either differentiate into Foxp3⁺ Treg, or ROR γ t⁺ Th17 cells. Importantly, Foxp3, in complex with ROR γ t, can inhibit the transcriptional activity of ROR γ t.^{147, 148} Thus, under prevailing Treg-inducing conditions (e.g. high TGF- β concentrations) the cells cannot differentiate into Th17 cells and develop eventually into Foxp3⁺ Treg cells.¹⁴⁷ However, when inflammatory signals dominate (low TGF- β , presence of IL-6, IL-21 or IL1- β), Foxp3 activity is dampened and the cells develop into Th17 cells.^{146, 147} Several mechanisms have been described that might account for the loss of Foxp3 under these conditions. HIF1 α , which is induced and stabilized by inflammatory cytokines during Th17 development, can form a complex with Foxp3 and target it for proteasomal degradation.³¹ In addition, inflammatory signals like IL-1 β or TNF- α can induce enhanced recruitment of E3 ubiquitin-protein ligase STUB1, which mediates Foxp3 ubiquitylation and marks it for subsequent degradation.¹⁴⁹ In conclusion, Treg and Th17 cells develop from naïve T cells via a common Foxp3⁺ROR γ t⁺ intermediate, and it is the specific environmental context of pro- or anti-inflammatory signals that induce the fundamental different outcomes from the same cellular target. This close developmental relationship between Treg cells and Th17 cells has gained considerable attention, since it may allow for a direct *in vivo* modulation of the Th17/Treg balance in inflammatory disorders.¹⁵⁰

Function and stability of Foxp3⁺ T cells that express the Th17 molecules ROR γ t and IL-17

Reminiscent of the special relationship between Th17 and Treg cells described above, a high proportion of steady-state intestinal ROR γ t⁺ T cells have been found to simultaneously express Foxp3.⁶¹ Such Foxp3⁺ROR γ t⁺ T cells have the ability to express IL-10 as well as IL-17 and their expansion in the intestine depends at least in part on the presence of a complex microflora.^{61, 64} Nevertheless, it is so far not clear whether these Foxp3⁺ROR γ t⁺ T cells represent a stable phenotype with suppressive *in vivo* function. Moreover, their ability to induce IL-17 secretion indicates that they can participate in inflammatory reactions and may even convert into pathogenic ROR γ t⁺ Th17 cells.

Using murine cells, it has been demonstrated that purified Foxp3⁺ Treg cells can be converted into IL-17 producing cells by DC activated with the dectin-1 ligand curdlan.¹⁵¹ IL-17-production from Foxp3⁺ Treg can also be induced by co-culture of sorted Treg with APCs

in the presence of IL-2 and IL1 β .^{152, 153} As expected, IL-17 expression in Foxp3⁺ cells is accompanied by expression of ROR γ t in those cells. *In vivo*, Foxp3⁺ROR γ t⁺ cells have also been identified in mice under inflammatory conditions, such as type I autoimmune diabetes (T1D) or relapsing-remitting experimental autoimmune encephalomyelitis (RR-EAE).^{154, 155} When analyzed for their function, Foxp3⁺(ROR γ t⁺)IL-17⁺ cells showed a clear suppressive function and a stable expression of Foxp3, at least in the *in vitro* converted Treg cells.^{151-153, 155} The *in vivo* situation may still be more complicated and it has been argued that the Foxp3⁺ROR γ t⁺ cells observed in T1D represent intermediates that can differentiate either towards Foxp3⁺ROR γ t⁻ Treg or ROR γ t⁺Foxp3⁻ Th17 cells.¹⁵⁵ Nevertheless, the analysis of the phenotype of Foxp3⁺IL-17⁺ cells in the RR-EAE model revealed that most of the Foxp3⁺ cells expressing IL-17 display an CD25⁻ phenotype and might hence not represent a stable suppressive Treg population.¹⁵⁴ In line with these considerations, a recent report demonstrated that Foxp3⁺ T cells can lose Foxp3 expression and convert into pathogenic Th17 cells in autoimmune arthritis.¹⁵⁶ Importantly, such 'exFoxp3⁺' cells were derived from Foxp3⁺ cells with a CD25^{lo} phenotype, whereas CD25^{hi}Foxp3⁺ cells were stable and did not convert into Th17 cells in this model.

In fact, it is likely that a significant fraction of the Foxp3⁺ cells that convert into Th17 cells under inflammatory conditions are derived from the developmental intermediate described in the section above, and not from stable, suppressive Foxp3⁺ Treg cells. In accordance with this notion, it has become clear that Foxp3-expression alone is not a reliable marker for Treg function. It has been shown that Treg lineage stability and suppressive function requires a specific epigenetic modification: the hypomethylation of CpG motives within a number of Treg-specific signature loci in genes encoding for Foxp3, Ctla4, GITR, Eos and IL2ra (CD25).¹⁵⁷⁻¹⁶⁰ Thus, T cells possessing Foxp3 expression but not the Treg-cell-type DNA hypomethylation pattern fail to exhibit sufficient Treg cell suppressive activity and instead secrete effector cytokines upon loss of Foxp3 expression.^{158, 159, 161} Consequently, the Treg-cell-specific DNA hypomethylation pattern, together with Foxp3 expression, can be taken as a reliable marker for defining functional Treg cells. Data from our lab indicated that *ex vivo* purified Foxp3⁺ROR γ t⁺ T cells from lymphoid organs and peripheral tissues such as the colonic lamina propria exhibit a hypomethylation pattern that is indicative for lineage stable and functional suppressive Treg cells (unpublished data).

There is growing evidence that Treg having undergone antigen-specific stimulation may differ significantly from their naive re-circulating counterparts in terms of activation status, migratory potential and regulatory function.^{162, 163} Together with the notion that Treg having different origins or anatomical locations display distinct but specific gene expression profiles¹⁶⁴, this has led to the discovery of different functional suppressive Treg subpopulations, termed 'effector' Treg lineages.^{165, 166} Recent reports indicate that

Foxp3⁺ Treg can upregulate the expression of transcription factors that are associated with the differentiation and function of effector CD4⁺ T cell lineages such as Th1 or Th2. In the context of Th1-mediated inflammation for example, Foxp3⁺ Treg can upregulate the Th1-specific transcription factor T-bet, leading to the expression of CXCR3 and the accumulation of Foxp3⁺T-bet⁺ Treg at sites of inflammation. This T-bet expression in Treg was shown to be essential for their homeostasis and function during type-1 inflammation.¹⁶⁶ Likewise, the Th2-associated transcription factor GATA3 was found to play an important role for Treg function, as it was shown that GATA3-deficient Treg display profound defects in peripheral homeostasis and suppressive function.^{167, 168} Effector Treg cells can express factors endowing them with specific tissue migration potential or enhanced suppressive capacity.¹⁶⁹ Interestingly, our data show that *ex vivo* isolated Foxp3⁺RORγt⁺ T cells express high levels of genes encoding for IRF4, Blimp-1, ICOS, GITR, Grzmb or CCR9 that were found to be upregulated in effector Treg and small intestine lamina propria Treg (^{164, 170} and unpublished data). Together these findings suggests that the majority of Foxp3⁺RORγt⁺ T cells observed *in vivo* represent a stable, suppressive effector Treg lineage, at least under homeostatic conditions. Although such cells may start to express certain levels of IL-17, it is unlikely that they will lose their suppressive function and convert into Th17 cells.

Similar to mice, IL-17-expressing Foxp3⁺ T cells have also been identified in humans. It was shown that Foxp3⁺CD25⁺ (CD45RA⁻CCR6⁺ memory) T cells isolated from peripheral blood of healthy donors can start to express IL-17 when activated *ex vivo* in the presence of proinflammatory cytokines like IL-6, IL-1β as well as IL-21 or IL-23, and expression of IL-17 came along with the expression of RORγt.¹⁷¹⁻¹⁷³ Moreover, high levels of IL-17A producing Foxp3⁺RORγt⁺ CD4⁺ T cells were also isolated from human tonsils.¹⁷³ Importantly, these cells exhibited suppressive capacity *in vitro*, indicating that they have Treg phenotype.¹⁷¹⁻¹⁷³ In addition, enhanced frequencies of Foxp3⁺IL-17⁺ cells have been described in the colonic microenvironments of patients suffering from ulcerative colitis and colon carcinoma.¹⁷⁴ Although these colonic Foxp3⁺IL-17⁺ cells were shown to be suppressive when tested *ex vivo*, it was speculated that they may contribute to inflammation and pathology due to their expression of IL-17. A recent report demonstrated that Foxp3⁺CD25⁺ Treg cells expressing TLR2 can be converted into IL-17⁺ T cells by stimulation with TLR2 ligands in concert with IL-6. These cells downregulated Foxp3-expression and displayed decreased suppressive capacity.¹⁷⁵ In a follow up study, it was shown that Treg cells derived from patients with multiple sclerosis express enhanced levels of TLR2. It was therefore suggested that TLR2-stimulation may contribute to reduced Treg function and a shift towards Th17 cells in this disease.¹⁷⁶ Conversion of Foxp3⁺CD25⁺ cells into IL17⁺Foxp3⁻ cells was reported when cells were stimulated by allogeneic APC, especially in the presence of proinflammatory cytokines such as IL-1β, IL-23 and IL-21.¹⁷⁷ Nevertheless, none of these studies assessed the

epigenetic status of Treg-specific hypomethylated regions. It can therefore not be ruled out, that such converted Treg cells were derived from unstable Foxp3-expressing subpopulations. Of note, it was shown that human Th17 cells differentiate from a Foxp3-expressing precursor¹⁷⁸, suggesting that similar to what has been described for mouse cells above, human Th17 development is also marked by a Foxp3⁺ intermediate stage.

Foxp3⁺ Treg can inhibit Th17 cells

As described above, Treg and Th17 cells arise in the periphery via a common Foxp3⁺RORγt⁺ intermediate. Thus, the competition of Treg with Th17 cells for their reciprocal development from this common precursor can already be seen as a way to control Th17 or Treg development, respectively. In the intestine for example, nutrition-derived factors like retinoic acid (RA)¹⁷⁹⁻¹⁸¹ or short-chain fatty acids produced by the commensal microbiota will shift the balance towards the induction of Treg cells under normal homeostatic conditions.¹⁸²⁻¹⁸⁴ This balance can however be modulated by inflammatory factors. In a recent report it was shown that IL-1β can override the RA-mediated Treg induction by increasing the amplitude and duration of STAT3 phosphorylation. This led to an altered balance in the binding of STAT3 and STAT5 to shared consensus sequences in developing T cells and consequently shifted the balance towards Th17 induction.¹⁸⁵

Nevertheless, beside this developmental competition, Treg cells can also directly inhibit the function of Th17 cells (**Figure 1a**). Recently, it has been described that Th17 cells express the IL-10 receptor on their surface.^{186, 187} IL-10 secreted by Foxp3⁺ as well as Foxp3⁻ Tr1 cells selectively inhibited Th17 cell proliferation *in vitro* and suppress Th17 cell-related T cell transfer colitis *in vivo*.¹⁸⁷ In addition, it was reported that IL-10 itself endows Foxp3⁺ Treg with the ability to suppress pathogenic Th17 responses.¹⁸⁶ Interestingly, STAT3-activation downstream of IL10R signaling in Treg was shown to be crucial for their ability to suppress Th17 cell responses *in vivo*, probably by the ability of STAT3 to amplify the IL-10 expression by Treg themselves.¹⁸⁶ Since effector Treg cells can express high amounts of IL-10, these cells should exhibit a strong suppressive effect on Th17 cells. Yet, effector Treg cells may restrain the function of Th17 also via other mechanisms. A recent publication described Treg cells expressing the coinhibitory molecule TIGIT as potent inhibitors of Th17 and Th1, but not Th2 responses.¹⁸⁸ It was demonstrated that ligation of TIGIT induces this population to express fibrinogen-like protein 2 (Fgl2), which suppressed the expansion of effector T cells in a manner independent of IL-10. In addition, Treg may also indirectly influence Th17 cell response via tolerizing dendritic cells. In that respect, it has been shown that TIGIT can interact with its ligand on DC to induce IL-10 and reduce IL-12 production from these cells.¹⁸⁹ TIGIT-induced IL-10 was shown to suppress expression of both IL-12p35 and IL-12p40, the

subunit shared with IL-23. Hence, Treg may directly suppress both IL-12 and IL-23 production from DC and thereby inhibit the development of both Th1 and Th17 responses.

It has been speculated that the expression of lineage-specific transcription factors like T-bet or Gata3 drives the generation of effector Treg that are specifically suited to regulate immune responses mediated by their corresponding conventional effector CD4⁺ T cell lineages (see section on Function and stability of Foxp3⁺ T cells that express the Th17 molecules ROR γ t and IL-17). It is therefore tempting to speculate that Foxp3⁺ROR γ t⁺ Treg, due to similar tissue location or migratory potential, may exhibit specific suppressive function on Th17 cells. However, the potential of the Foxp3⁺ROR γ t⁺ Treg subpopulation to specifically suppress Th17 or other T helper cell responses remains to be investigated.

Treg can promote Th17 induction

Although it is clear that Treg cells and Th17 cells have opposing functions, there is now ample evidence that Treg cells can also promote the differentiation of Th17 cells (**Figure 1b**). It was already shown in one of the first reports on Th17 cells that the presence of Treg can stimulate Th17 development *in vitro*. Veldhoen *et al.* demonstrated that the production of TGF- β 1 by Treg contributed to the Th17 development in the *in vitro* culture system.¹² However, whether Treg-produced TGF- β 1 promotes Th17 cell induction *in vivo*, especially under conditions of pathogen infection, remains unclear. Given that Th17 cell development is induced upon low levels of TGF- β 1, but is rather impaired under higher concentrations of TGF- β 1 *in vitro*¹⁴⁷, the maintenance of a proper low level of TGF- β 1 by Treg in the local niche *in vivo* would be a critical step for Th17 cell development. Thus, although Treg may contribute to Th17 development *in vitro* by secreting TGF- β 1, recent results from *in vivo* studies suggested that Treg-produced TGF- β 1 does not influence *in vivo* Th17 cell development.^{190, 191}

In vivo, Treg cells can also favour the accumulation of Th17 cells by inhibiting the development of Th1 or Th1-like 'exTh17' cells. This feature of Treg has been observed in context of co-transfer of Treg cells together with naïve T cells into immunodeficient RAG-deficient animals, the classic transfer colitis model.¹⁹² Intriguingly, the transfer of Treg not only inhibited the development of classic Th1 T cells, but also increased the amount of IL-17 producing effector T cells in the colon of the mice by inhibiting the transition of Th17 cells into Th1-like 'exTh17 cells'.¹⁹³ It is thus possible that besides inhibiting the accumulation of pathogenic Th1 and 'exTh17 cell' in this model, Treg protect the mice from intestinal immunopathology by favouring the presence of IL-17 producing cells with beneficial effects on intestinal barrier function and epithelial repair mechanisms (see section on the role of Th17 cells in infection and inflammation).

In addition to TGF- β , IL-2 plays an important role for the differentiation of pTreg.¹⁹⁴ Although tTreg do not require IL-2 for their development, both tTreg and pTreg rely on IL-2 for the survival expansion.¹⁹⁵ Due to the expression of high levels of CD25 on their surface, Treg possess the trimeric high-affinity IL-2 receptor containing CD25, CD122 and CD132, whereas other effector T cells have dimeric low-affinity IL-2 receptor comprising CD122 and CD132.¹⁹⁶ As a result, Treg have an advantage over effector T cells in competing for the common T cell survival factor IL-2, and thus inhibiting effector T cell responses by depriving them of IL-2. Importantly, IL-2 induces phosphorylation of STAT5 in developing Th17 cells, which in turn blocks phosphorylated-STAT3 mediated induction of *Il17a* and *Rorc* transcriptions. Thus, presence of IL-2 can directly impair Th17 cell development.¹⁹⁷ Several reports have shown recently that Treg can indeed promote a Th17 cell response via consumption of IL-2.^{190, 198, 199} Using the Foxp3-luci-DTR model¹³⁸, Chen *et al.* showed that depletion of Foxp3⁺ Treg by diphtheria toxin (DT) decreased the frequency of antigen-specific Th17 cells in draining lymph nodes and blood.¹⁹⁰ They further showed that the Th17-inducing ability of Treg is not attributed to their secretion of TGF- β 1, but due to their IL-2 consumption. Pandiyan and coworkers also found that Treg promoted the differentiation of CD4⁺ naïve T cells into Th17 cells under Th17-polarizing condition *in vitro* and upon *C. albicans* infection *in vivo*.¹⁹⁹ Using IL-2-deficient TCR transgenic mice, they further illustrated that Treg-mediated Th17 cell development depended on the consumption of IL-2 by Treg. Moreover, they confirmed the protective effect of Treg co-transfer with CD4⁺ naïve T cells into Rag2^{-/-} mice on the subsequent *C. albicans* infection, whereas recipients receiving only CD4⁺ naïve T cells succumbed to this infection as a result of the insufficient induction of a Th17 cell response. In agreement with these previous studies, a study from our lab showed that Treg promote Th17 cell response against *C. rodentium* infection in the intestine.²⁰⁰ Using the Foxp3-DTR DEREK mouse model¹³⁷, we could demonstrate that depletion of Foxp3⁺ Treg by administration of DT resulted in enhanced susceptibility towards *C. rodentium* infection due to an impaired local colonic Th17 cell response.²⁰⁰ Interestingly, the failure to develop a sufficient Th17 cell response after Treg depletion resulted in decreased inflammation and immunopathology in the colon of the mice. Nevertheless, reduced Th17 induction and the consequent defect in neutrophil recruitment also led to enhanced systemic dissemination of the pathogen and eventually to higher mortality. This demonstrates that Treg can help to establish an effective Th17 response in the gut environment, although this comes at the cost of immunopathology at the site of infection. Blockade of IL-2 in Treg-depleted mice using neutralizing anti-IL-2 antibody restored colonic Th17 cell induction after *C. rodentium* infection. However, neutralization of IL-2 did not restore the Th17 response in terms of absolute numbers of IL-17-producing T cells in the colon. This suggests that even if IL-2 does inhibit initial Th17 induction, some levels of this cytokine are required for later

expansion of these cells. In line with this, it has also been described that IL-2 facilitates the expansion of committed Th17 cells.²⁰¹ Together, these data indicate that by consuming IL-2, Treg can support the initial induction of Th17 cells. However, this mechanism may not play a role for the subsequent expansion and maintenance of Th17 cells.¹⁹⁰

By their ability to modulate IL-2 levels, Treg have been shown to be also involved in negatively regulating natural killer (NK) cells expansion, activation, maturation and function *in vivo*.^{202, 203} Gasteiger and coworkers have shown that Treg compete with NK cells for IL-2. In their system, depletion of Treg lead to maturation of NKs and IL-2 treatment boosted cytotoxicity of NK cells. Moreover, a recent study also illustrated that Treg, by consuming IL-2, promote germinal center (GC) formation during influenza virus infection.¹⁹¹ As a result of Treg depletion, accumulation of IL-2 impaired the differentiation of follicular T helper cells (Tfh), and impaired the protective GC B cell response against influenza viral infection.¹⁹¹ Therefore, it seems that Treg-mediated consumption of IL-2 represents a general mechanism by which Treg can regulate multiple immune cell responses *in vivo*.

Concluding remarks

As two important immune cell lineages, Treg and Th17 cells are involved in multiple physiological events. Treg are regarded as immune regulator that prevent an excessive immune response, while Th17 cells are normally involved in the defence against extracellular bacterial and fungal infection. However both, excessive Treg or Th17 cell responses can threaten the health of the host. Enhanced Treg suppression may facilitate tumorigenesis and can be used by pathogens to escape the immune surveillance system, whereas uncontrolled Th17 cell responses are involved in inflammation and autoimmune disease. According to the model of the immunological balance, a fine-tuned balance between Treg and Th17 cells would not only be a critical prerequisite for healthy homeostasis, but also direct the outcome of immune responses. Regarding the close interconnection of Treg/Th17 developmental and functional cues, direct modulation of the immunological balance between Treg and Th17 cells represents a promising option for immune therapy.

Factors that influence the regulation of the Treg/Th17 balance thus represent potential targets for therapeutic intervention. Recently, the field of immune metabolism has gained increasing attention in immunological research. Manipulation of the intermediate cellular metabolism such as glycolysis, fatty acid or the mitochondrial metabolism can be achieved using small molecule inhibitors of key regulatory enzymes of these processes. Direct manipulation of the cellular fatty acid metabolism for example can shift the balance between Th17 and Treg development²⁸, but many other metabolic checkpoints may be exploited as targets to control the Treg/Th17 balance.²⁰⁴

Yet, our increasing knowledge on the relationship between Treg and Th17 cells that we have reviewed here, suggest multiple layers of complexity. As we have shown, Treg cells not only suppress the function of Th17 cells, but can also support their development by the uptake of IL-2. In addition, the inhibition of Th17 cells may not always be beneficial, as has been demonstrated in the context of intestinal inflammation and epithelial repair. Finally, features of Th17 cells such as the expression of ROR γ t in specific populations of effector Treg cells may be important for their optimal suppressive function. Although the exact role of ROR γ t in Foxp3⁺ ROR γ t⁺ remains to be assessed, it should be taken into account that approaches aiming on the inhibition of ROR γ t function will not only impact on Th17 cells, but may also affect such effector Treg cells.

Acknowledgements

This work was supported by a grant from the Deutsche Forschungsgemeinschaft (DFG KFO250). A part of this work is content of the 'habilitation' thesis of M.L. The authors would like to thank Peyman Ghorbani for critical reading of the manuscript.

Figure legend

Figure1. Dual roles of Treg in regulating Th17 cell response. (a) Treg can inhibit the Th17 cell response. Under homeostatic condition, naïve T cells differentiate into pTreg rather than Th17 cells in the periphery. pTreg together with tTreg may also tolerate dendritic cells that trigger Th17 cell induction. Established effector (e)Treg such as TIGIT⁺ or stable Foxp3⁺ROR γ t⁺ T cells can produce factors like IL-10 or Fibrinogen like protein-2 that inhibit Th17 cells. (b) Treg can contribute to Th17 cell response. By consumption of local IL-2, Treg release the inhibitory effect of high-level of IL-2 on Th17 cell induction and promote Th17 cell differentiation. In addition, TGF- β production by Treg may also lead to enhanced Th17 induction. Under inflammatory condition, Treg may start to produce IL-17 and may even lose Foxp3 expression and convert into pathogenic Th17 cells.

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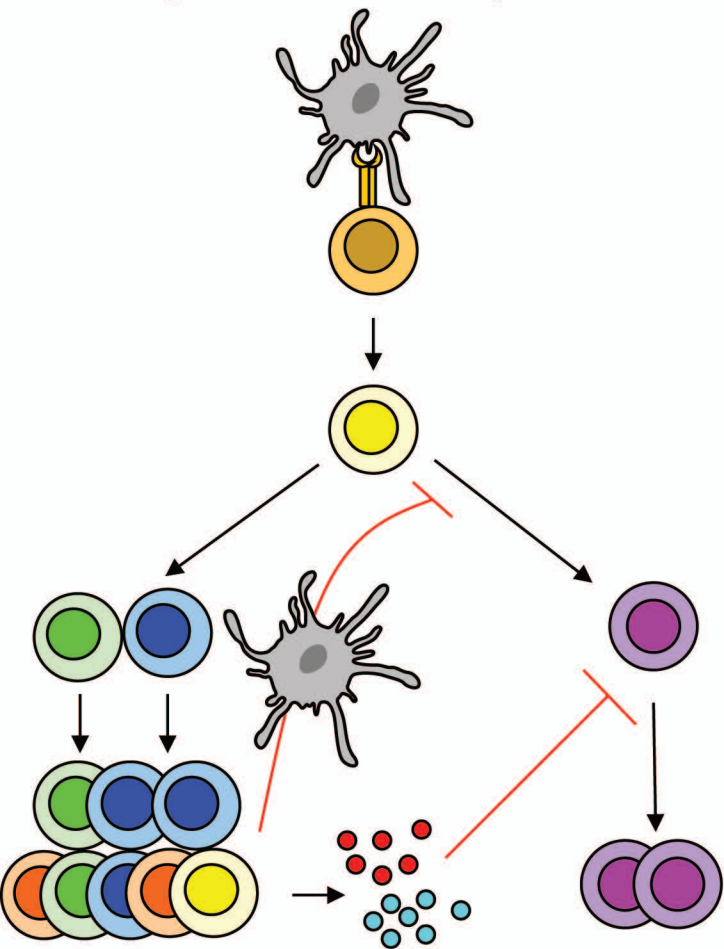
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a Treg inhibit Th17 cell response**b** Treg contribute to Th17 cell response