

Table 1: Description about the studies that were considered in the analysis

First author and year of the study	Place	Number of participants	Enrollment period	Method for assessment of ARIs
Samet et al. 1993 ¹⁴	Albuquerque, New Mexico, USA	1,205	Jan 1988 - June 1990	Mothers were given a calendar diary and asked to daily record the occurrence of respiratory and other symptoms and signs of illness; mothers were called every two weeks and asked about the recorded symptoms in a standard series of questions.
Douglas et al. 1994 ¹²	Adelaide, Australia	836	May 1987 - Apr 1988	Mothers maintained diaries of the child's respiratory health.
Lambert et al. 2005 ¹⁹ and 2007 ⁵	Melbourne, Australia	118 / 234	July 2001 – December 2001 / Jan 2003 - Nov 2003	Symptoms of respiratory illness were to be daily recorded in a symptom diary by the parents.
Kusel et al.	Perth,	236	1996 - 1998	Symptoms of respiratory

2007 ⁶	Australia			illness were to be daily recorded in a symptom diary by the parents.
von Linstow et al. 2008 ²⁰	Copenhagen, Denmark	228	2005	Parents were provided monthly with a health diary displaying 12 different symptoms and clinical signs.
Sarna et al. 2016 ²¹	Brisbane, Australia	165	Sep 2010 - Nov 2012	Symptoms of respiratory illness were to be daily recorded in a symptom diary by the parents.