

Table 1. Composition of LNC samples subjected to the spray-drying process.

Formulation	Maltodextrin (g)	L-leucine (g)	PND (LNC mL⁻¹)	Ultrapure water (mL)
F100	2.25 ± 0.01	0.25 ± 0.01	3.87E+14	-
F75:25	2.25 ± 0.01	0.25 ± 0.01	2.90E+14	12.5
F50:50	2.25 ± 0.01	0.25 ± 0.01	1.93E+14	25

*PND: particle number density