

1 **TITLE**

2 Cerebrospinal fluid total Prion protein in the spectrum of prion diseases

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51 **ABSTRACT**

52 Cerebrospinal fluid (CSF) total prion protein (t-PrP) is decreased in sporadic Creutzfeldt-Jakob  
53 disease (sCJD). However, data on the comparative signatures of t-PrP across the spectrum of  
54 prion diseases, longitudinal changes during disease progression, and levels in pre-clinical cases  
55 are scarce. T-PrP was quantified in neurological diseases (ND, n=147) and in prion diseases  
56 from different aetiologies including sporadic (sCJD, n=193), iatrogenic (iCJD, n=12) and genetic  
57 (n=209) forms. T-PrP was also measured in serial lumbar punctures obtained from sCJD cases  
58 at different symptomatic disease stages, and in asymptomatic prion protein gene (*PRNP*)  
59 mutation carriers.

60 Compared to ND, t-PrP concentrations were significantly decreased in sCJD, iCJD and in  
61 genetic prion diseases associated with the three most common mutations E200K, V210I  
62 (associated with genetic CJD) and D178N-129M (associated with fatal familial insomnia). In  
63 contrast, t-PrP concentrations in P102L mutants (associated with the Gerstmann-Sträussler-  
64 Scheinker syndrome) remained unaltered. In serial lumbar punctures obtained at different  
65 disease stages of sCJD patients, t-PrP concentrations inversely correlated with disease  
66 progression. Decreased mean t-PrP values were detected in asymptomatic D178-129M mutant  
67 carriers, but not in E200K and P102L carriers.

68 The presence of low CSF t-PrP is common to all types of prion diseases regardless of their  
69 aetiology albeit with mutation-specific exceptions in a minority of genetic cases. In some genetic  
70 prion disease, decreased levels are already detected at pre-clinical stages and diminish in  
71 parallel with disease progression. Our data indicate that CSF t-PrP concentrations may have a  
72 role as a pre-clinical or early symptomatic diagnostic biomarker in prion diseases as well as in  
73 the evaluation of therapeutic interventions.

74

75 **KEYWORDS**

76 Cerebrospinal fluid, Prion protein, sporadic Creutzfeldt-Jakob disease, genetic prion disease,  
77 iatrogenic prion disease.

78

## 79 INTRODUCTION

80 Transmissible spongiform encephalopathies are fatal neurodegenerative disorders characterised by  
81 rapid progression and microvacuolation in the gray matter of the brain. They are also known as prion  
82 diseases relating to the causative agent, which is abnormally folded isoforms of the prion protein  
83 (PrP<sup>sc</sup>) that create insoluble aggregates and accumulate in the brain [1]. Prion diseases affecting  
84 humans include sporadic Creutzfeldt-Jakob disease (sCJD), genetic prion diseases (gPD) and acquired  
85 forms, such as iatrogenic CJD (iCJD) or variant CJD (vCJD). sCJD is the most prevalent form  
86 accounting for about 85-90% of total cases, followed by hereditary forms (~10%). By contrast,  
87 acquired forms only account for at most 2-5% of prion disease cases [2,3]. Despite sharing a common  
88 pathological agent, prion diseases present a broad heterogeneity in clinical symptoms and disease  
89 manifestations. A cause of variability is the polymorphism at codon 129 of the PrP encoding gene,  
90 *PRNP*, which can be methionine (M129) or valine (V129) [4]. In combination with biochemically  
91 characterised conformational variants of PrP<sup>sc</sup>, sCJD can be stratified into at least six molecular  
92 subtypes, with MM1/MV1 and VV2 the most prevalent ones (>80% of total sCJD cases [5]). Genetic  
93 prion diseases (gPD) are associated with specific mutations in the *PRNP* and include familial/genetic  
94 Creutzfeldt-Jakob disease (gCJD), Gerstmann-Sträussler-Scheinker syndrome (GSS-S) and familial  
95 fatal insomnia (FFI). Several *PRNP* mutations cause gCJD and GSS (reviewed elsewhere [6]), with  
96 E200K and V210I the most prevalent mutations in gCJD and P102L in GSS-S. In contrast, FFI is  
97 associated with a unique haplotype, D178N-129M (D178N-M) [6,7]. Acquired human prion diseases  
98 develop from exogenous prions, transmitted from infected humans (iCJD) or cattle (vCJD). iCJD is  
99 caused by human-to-human transmission during medical treatments, with dura matter grafts and  
100 administration of human growth hormone the main causes of cross-contamination through surgical  
101 and medical procedures [8].  
102 Clinical diagnosis of prion diseases is supported by cerebrospinal fluid (CSF) biomarkers. The CSF  
103 profile of prion disease patients is characterised by elevated concentrations of surrogate protein  
104 markers of the pathology such as 14-3-3, tau and alpha-synuclein [9–11], as well as by the presence of

105 prion seeding activity [12]. By contrast, the CSF total PrP (t-PrP) concentrations are decreased in  
106 sCJD. The specificity of this decrease remains unclear as some authors reported reduced CSF t-PrP in  
107 various neurodegenerative diseases, such as Alzheimer's disease (AD), dementia with Lewy bodies  
108 and Parkinson's disease [13] while others suggested that t-PrP is specifically reduced in sCJD  
109 compared to AD, supporting its use in the differential diagnostic context [14,15]. Among sCJD  
110 molecular subtypes, no difference was found in CSF t-PrP levels between MM1 and VV2 cases [16]  
111 and scant data exists for acquired cases. When CSF t-PrP was investigated by western-blot, no  
112 variation appeared in the truncation or glycosylation state of the protein between different sCJD  
113 subtypes or in comparison with hereditary prion diseases [17,18]. To date, no further quantification of  
114 CSF t-PrP has been carried out in genetic prion diseases, including a significant number of mutation  
115 types. In addition, few data are available about the relationship of CSF t-PrP with demographic  
116 parameters, as are data on longitudinal t-PrP CSF levels in prion diseases. A preliminary exploration  
117 showed a decrease in PrP levels with disease progression although quantification was lacking and only  
118 six sCJD cases were studied [18].

119 While age does not influence t-PrP concentration in diseased individuals, low levels are associated  
120 with advanced disease stages [13]. Correlation analysis with other CSF biomarkers indicated a direct  
121 correlation between t-PrP and amyloid-beta42 peptide in sCJD [13].

122 The goal of the present study was to provide complete CSF t-PrP signatures across the broad spectrum  
123 of prion diseases. Thus, we quantified the CSF t-PrP in a large number of cases that include sCJD,  
124 iCJD, various forms of gPD, as well as diverse neurological diseases composing our control group. In  
125 addition, we also investigated longitudinal CSF t-PrP alterations in serial lumbar punctures from sCJD  
126 cases and asymptomatic *PRNP* mutant carriers.

127

## 128 **METHODS**

### 129 **Patients**

130 The study included 561 CSF samples. Samples from patients with non-primarily neurodegenerative  
131 neurological diseases (ND, n=147) and sporadic Creutzfeldt-Jakob disease (sCJD, n=193) were

132 collected at the Clinical Dementia Center and the National Reference Center for CJD Surveillance at  
133 the University Medical Center of Göttingen (Germany). The ND group was composed of cases  
134 diagnosed with neurological conditions not associated with neurodegenerative pathology including the  
135 following diagnostic groups: psychosis, paranoid psychosis, bipolar disorder, schizophrenia, ischemic  
136 stroke, multiple cerebral infarcts, epilepsy, meningitis, alcohol abuse, vertigo, acute or chronic  
137 headache, pain syndromes, acute hypoxia, polyneuropathy, cerebral lymphoma, astrocytoma and  
138 paraneoplasia. ND cases were diagnosed according to acknowledged standard neurologic clinical and  
139 para-clinical findings based on the ICD 10 definitions. The presence of neurodegenerative diseases in  
140 the ND group was excluded by follow-up evaluations. All patients with sCJD were classified as  
141 probable or definite cases according to diagnostic consensus criteria [19, 20].

142 Iatrogenic (n=12) and genetic (n=209) prion diseases were collected in the following CJD reference  
143 centres: 1) Clinical Dementia Center and the National Reference Center for CJD Surveillance at the  
144 University Medical Center, Göttingen, Germany), 2) Neurochemistry Laboratory, Neurology  
145 Department of Coimbra University Hospital, Coimbra, Portugal, 3) Alzheimer's Disease and Other  
146 Cognitive Disorders Unit, Hospital Clínic, Barcelona, Spain, 4) National Centre of Microbiology-  
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150 Memory and Aging Center, University of California, San Francisco (UCSF), The United States. The  
151 diagnoses of genetic prion diseases were carried out according to surveillance criteria after prion  
152 protein gene (*PRNP*) analysis [21] and World Health Organization (WHO) criteria [22]. Iatrogenic  
153 CJD was diagnosed according to established WHO criteria [22]. Eleven iatrogenic cases were  
154 associated with dura matter grafts and one with corneal transplantation.

#### 155 **CSF tests**

156 CSF t-PrP was centrally quantified (Clinical Dementia Center-Göttingen) using a commercially  
157 available enzyme-linked immunosorbent assay specific for human prion protein (Analytik Jena AG).  
158 Inter- and intra-assay coefficients of variation in our study were below 18% and 12%, respectively.

159 CSF NFL was quantified using a commercially available enzyme-linked immunosorbent assay (NF-  
160 light; Uman-Diagnostics). The analysts were masked to clinical data.

#### 161 **Genetic tests**

162 For detection of a prion disease-associated mutation and assessment of codon 129 polymorphism in  
163 *PRNP*, genetic testing was performed as described before [23].

#### 164 **Statistical analysis**

165 For two group comparisons of biomarker levels, non-parametric Mann-Whitney-U tests were used.  
166 For comparisons between multiple groups, Kruskal-Wallis tests followed by Dunn's post-hoc tests  
167 were applied. To assess the diagnostic accuracy of t-PrP, receiver operating characteristic (ROC)  
168 curve analyses were carried out and areas under the curve (AUC) with 95% Confidence Intervals  
169 (95%CI) were calculated. Spearman rank correlation coefficients were used to assess associations  
170 between continuous biomarker levels. Bootstrap 1-tail tests for paired ROC curves based on the pROC  
171 - R package with boot replicates = 10.000 were used to assess differences in the diagnostic accuracy  
172 between biomarkers. Longitudinal biomarker data were assessed using a multi-level mixed linear  
173 model. For the analysis of differences on t-PrP concentrations between different cohorts, only cohorts  
174 including enough cases to perform normality tests were used.

175

## 176 **RESULTS**

### 177 **CSF t-PrP in prion disease of different aetiologies**

178 CSF t-PrP concentrations were assessed in ND, sCJD, iCJD and gPD cases (Table 1). Compared to  
179 ND, mean t-PrP levels were lower in all types of prion diseases, with the exception of gPD associated  
180 with V180I, K194E, and Y218N mutations (one case of each was available), and the R208H mutation  
181 (four cases available). Other mutations and variants also displayed similar concentrations to those  
182 reported in ND (P102L, P105L and N173K).

183 In order to assess if there were differences in t-PrP levels among diagnostic groups, t-PrP  
184 concentrations in ND, sCJD, iCJD and the four most prevalent forms of genetic prion diseases (E200K,  
185 V210I, D178N-M and P120L mutations) were further analysed in a multiple comparison test.

186 Compared to ND, t-PrP was lower in sCJD ( $p<0.001$ ), iCJD ( $p<0.01$ ) and in gPD associated with  
187 E200K ( $p<0.001$ ), V210I ( $p<0.01$ ), D178N-M mutations ( $p<0.001$ ), but not in P102L cases (Figure  
188 1A). Lowest t-PrP concentrations were found in iCJD ( $95\pm 71$  ng/mL) and E200K ( $98\pm 77$  ng/mL)  
189 (Table 1), but no statistical differences among different forms of prion diseases were detected.

190 AUCs for the discrimination of sCJD, iCJD, and gPD E200K, V210I and D178N-M from ND ranged  
191 from 0.69 to 0.83, indicating moderate potential for a diagnostic test (Figure 1B). In contrast, t-PrP  
192 levels showed no diagnostic value in distinguishing P102L from ND (AUC=0.57,  $p=0.40$ ) (Figure 1B).  
193 CSF from gPD cases were obtained from different countries (see Material and Methods). No  
194 differences were found when comparing t-PrP concentrations from different cohorts for the E200K,  
195 D178N-M and V210 mutations (Suppl. Figure 1).

196 Established CSF prion disease biomarkers such as 14-3-3, tau [24,25] and RT-QuIC [26] show a high  
197 diagnostic accuracy in the discrimination of non-prion disease cases from sCJD and gCJD E200K and  
198 V210I. However, they present limited value in the diagnosis of genetic prion disease associated with  
199 D178N-M. We recently reported elevated CSF NFL in D178N-M cases and showed moderate  
200 diagnostic potential for t-PrP in this analysis; therefore, we explored the ability of NFL/t-PrP ratio for  
201 improving the discrimination of D178N-M from ND. The AUC value in D178N-M cases using the  
202 NFL/t-PrP ratio (AUC=0.97, 95% CI: 0.95-0.99) was superior to that obtained by t-PrP only  
203 (AUC=0.78, 95% CI: 0.70-0.86,  $p<0.001$ ), but not relatively increased when compared to NFL alone  
204 (AUC=0.96, 95% CI: 0.93-0.98,  $p=0.2$ ).

205 The presence of octapeptide repeat insertions (OPRI) in the N-terminal region of the *PRNP* gene is  
206 linked with genetic prion diseases. High clinical and neuropathological heterogeneity in OPRI carriers  
207 is associated to the number of insert mutations (one to nine) [27–29] with the likelihood that low  
208 OPRI numbers are not pathogenic (Beck et al Human Mutation 2010; E1551-15563). Mean t-PrP  
209 levels in cases with PRI mutations were lower than in ND cases ( $p=0.003$ ) (Table 1). However, no  
210 association between CSF t-PrP levels and number of inserts was detected in our study population  
211 ( $p=0.38$ ) (Figure 2).

212 **Associations of demographic and genetic parameters with t-PrP concentrations**

213 In prion diseases, CSF t-PrP levels were associated neither with age at onset ( $p=0.10$ ) (Figure 3A), nor  
214 with sex ( $p=0.21$ ) (Figure 3B). Lack of association with age and sex was also detected in the ND  
215 group (data not shown). CSF t-PrP concentrations were not statistically different between prion  
216 disease cases harbouring methionine/methionine [MM] ( $129\pm 107$  ng/mL,  $n=219$ ), methionine/valine  
217 [MV] ( $114\pm 88$  ng/mL,  $n=99$ ) and valine/valine [VV] ( $112\pm 85$  ng/mL,  $n=59$ ) at codon 129 of the  
218 *PRNP* gene ( $p=0.58$ ) (Figure 2C). Similarly, no differences were detected between different sCJD  
219 molecular subtypes in the subset of cases with neuropathological prion disease confirmation and  
220 available prion type (MM1/MV1:  $110 \pm 80$  pg/mL;  $n=55$ , MV2:  $84\pm 61$  pg/mL;  $n=6$ , VV2:  $88\pm 77$ ;  $n=$   
221  $16$ ) ( $p=0.16$ ) (Figure 3D). To investigate whether t-PrP concentrations are associated with different  
222 pathological phenotypes among a mutation type, D178N-M and E200K cases were stratified  
223 according to their codon 129 *PRNP* genotype, which influences their clinico-pathological features  
224 [30,31]. t-PrP levels were neither different between D178-MM and -MV cases (Figure 3E) nor  
225 between E200K-MM and -MV cases (Figure 3F).

#### 226 **CSF t-PrP along disease stages**

227 t-PrP levels were quantified in sequentially repeated lumbar punctures (LPs) obtained from 20 sCJD  
228 cases (2 LPs available in 19 cases and 3 LPs available in 1 case). To normalize time intervals between  
229 LPs, samples were grouped in three categories according to whether they underwent LP in the first  
230 (time of LP to disease onset/total duration of the disease  $<0.33$ ), second ( $0.33-0.66$ ), or third ( $>0.66$ )  
231 stage of the disease, as previously reported [32,33]. In 15 LPs t-PrP concentrations were lower in the  
232 follow-up LP compared to the initial estimate, while in 5 LPs t-PrP concentrations were higher at  
233 advanced disease stages (Figure 4). Using a multi-level mixed linear model a decrease in t-PrP of 24.5  
234 per unit in disease stages was calculated (95% CI: 12.8-48.8,  $p=0.005$ ).

#### 235 **CSF in pre-clinical PRNP mutation carriers**

236 t-PrP concentrations were analysed in a subset of asymptomatic *PRNP* mutation carriers from the  
237 UCSF cohort and were descriptively compared with symptomatic cases from the same cohort  
238 (symptomatic - UCSF), with the whole population of cases included in the present study (symptomatic



239 - ALL) and with the ND cases (Suppl. Figure 2). For some cases, serial LPs from the mutation carriers  
240 were available.

241 In E200K, pre-symptomatic carriers (17 LPs from 14 cases) displayed t-PrP concentrations similar to  
242 ND controls (Suppl. Figure 2) and higher than those detected in symptomatic cases in the UCSF  
243 cohort (1 case) and in the whole cohort of E200K patients (Figure 5A). In D178N-M cases, pre-  
244 symptomatic carriers showed similar levels like symptomatic D178N-M patients from the UCSF and  
245 the whole D178N-M cohort, although only 6 LPs from three individuals were available (Figure 5B),  
246 limiting any meaningful conclusions. In P102L carriers, t-PrP concentrations were similar between  
247 pre-symptomatic (2 cases available) and symptomatic patients, in agreement with the absence of  
248 alterations between ND and symptomatic cases described above (Figure 5C).

249

## 250 **DISCUSSION**

251 In this study, we report the comparative signatures of CSF t-PrP concentrations across the spectrum of  
252 prion diseases. While decreased t-PrP concentrations are well-reported in sCJD cases [13–16,18], data  
253 on genetic and iatrogenic cases have hitherto been quite limited and in most of the cases, restricted to  
254 single case reports. Our study validates previous observations of decreased CSF t-PrP in sCJD cases  
255 compared to controls and other non-neurodegenerative neurological conditions evaluated by ELISA  
256 [13–16,34] and by immunoblotting techniques [18]. Additionally, although the total number of  
257 samples was relatively low, our data clearly point to the presence of reduced t-PrP concentrations in  
258 iCJD.

259 Low t-PrP concentrations were observed in genetic prion diseases associated with mutations E200K,  
260 D178N-M and V210I, but not in P102L cases supporting that among gCJD and GSS-S associated  
261 mutations, t-PrP levels were not homogeneous. Genetic CJD patients with V180I, K194E and R208H  
262 mutations showed normal t-PrP concentrations, while as did GSS-S patients with P102L, P105L, and  
263 Y218N mutations, while the rest of the mutations displayed decreased or intermediate t-PrP levels. In  
264 this regard, well-known disease causing mutations such as A117V, P102L, E200K and D178N-M [36]  
265 showed diverse t-PrP concentrations, while some mutations with no strong evidence of increased risk

266 for developing the disease (e.g. A133V, V176G, I215V, P238S), displayed reduced t-PrP levels..  
267 Although these results should be interpreted with caution due to the low number of cases (statistical  
268 analysis was carried out for the most prevalent forms only) our data suggest the presence of highly  
269 heterogeneous profiles, which are not associated with disease phenotype. Indeed, D178N-M cases,  
270 displaying a specific clinico-pathological phenotype compared to sCJD, iCJD and gCJD E200K and  
271 V210I, presented low t-PrP concentrations. Additionally, no differences on t-PrP levels were detected  
272 between D178N-MM and -MV cases, although both groups show distinct clinical features and  
273 neuropathological profiles [30,35]. Moreover, similar t-PrP levels were detected between E200K-MM  
274 and MV cases, despite the presence of different types of PrP depositions in the brain tissue, with a  
275 synaptic pattern for MM subjects and granules and plaque-like structures for MV subjects [31].

276 Overall, the analysis of CSF signatures demonstrated high variation in t-PrP concentrations across the  
277 diagnostic groups. This, together with a moderate diagnostic accuracy in discriminating prion disease  
278 cases from ND controls (AUC of 0.76 for sCJD) argues against the use of t-PrP quantification alone as  
279 a diagnostic biomarker for prion diseases in clinical practice. However, the tentative decrease of t-PrP  
280 concentrations along disease duration observed in serial lumbar punctures from the same patients  
281 indicates that, for a given case, longitudinal alterations on t-PrP levels may have a potential role in the  
282 evaluation of disease progression, as well as in the evaluation of the efficacy of a potential therapeutic  
283 intervention. In this regard, other CSF prion biomarkers such as tau, alpha-synuclein and NFL have  
284 been able to predict disease duration [33,37,38], but show stable concentrations along disease  
285 progression [32,33,38]. These markers reflect pathological alterations associated with the  
286 neurodegeneration process such as neuro-axonal degeneration and white matter involvement. In  
287 contrast, decreased t-PrP levels may reflect primary alterations in the molecular process associated  
288 with the formation of prions. Broadly similar to A $\beta$ 42 levels in AD, the decrease of CSF t-PrP  
289 concentrations in prion cases is speculated to be a consequence of the misfolding of PrP<sub>C</sub> into PrP<sub>Sc</sub>  
290 with consequent “trapping” of the protein in aggregates, limiting the amount of soluble PrP filtering to  
291 the CSF. Based on this hypothesis, it could be assumed that CSF t-PrP levels would be highly  
292 dependent on prion disease aetiology and sCJD subtypes, which differ with respect to the

293 neuropathological profiles and type of PrPsc aggregates [16,20,31]. For instance, in D178N-M cases,  
294 CSF t-PrP concentrations are decreased despite the reduced levels of PrPsc in the brain parenchyma,  
295 which is usually only detectable in the entorhinal cortex and in some cases with CJD-type alterations  
296 in the deep regions of the temporal cortex. Therefore, the absence of differences in CSF t-PrP  
297 concentrations between prion diseases displaying different types of PrP brain aggregates indicates that  
298 additional factors appear to explain the singular signatures of CSF t-PrP across the spectrum of prion  
299 diseases. Interestingly, decreased PrP expression was found in the two most prevalent sCJD subtypes  
300 (MM1 and VV2) [16], as well as in the thalamus and entorhinal cortex of D178N-M cases [39]  
301 causing a reduction of PrP levels in the brain, and potentially in the CSF. Moreover, the decrease in  
302 CSF t-PrP could be associated with a decrease in proteinase-sensitive intermediate PrP isoforms not  
303 detected by the ELISA t-PrP assay.

304 In pre-symptomatic carriers of the D178N-M mutation, t-PrP concentrations were similar to those  
305 detected in symptomatic cases and lower than those in ND. This indicates that, at least in D178N-M, t-  
306 PrP could be a potential pre-clinical biomarker of the pathology. In contrast, pre-symptomatic E200K  
307 carriers harbored t-PrP higher than in clinical cases and similar to values measured in NDs. Although  
308 the low number of cases available impedes a statistical evaluation, and therefore, results remain  
309 descriptive, several aspects should be underlined. First, the presence of reduced t-PrP concentrations is  
310 not a general observation for all mutations. Whether these results are associated with mutation-  
311 specific disease duration, low number of cases, data dispersion, and/or confounders such as  
312 heterogeneity of age at onset need to be further explored in larger cohorts. Therefore, we cannot  
313 exclude t-PrP as a potential pre-clinical biomarker for other mutation types or prion disease types.  
314 Second, despite the absence of studies addressing the quantification of t-PrP levels in pre-symptomatic  
315 cases, we recently detected lower t-PrP concentrations in the CSF of pre-clinical and clinical naturally  
316 occurring scrapie [40], which would support the idea that reduced t-PrP concentrations may happen at  
317 pre-clinical and early prion disease stages.

318

319 **CONCLUSIONS**

320 Herein we report the largest and most complete study of the levels of CSF t-PrP across the spectrum  
321 of prion diseases, including multiple cases of gPD associated with a broad range of *PRNP* mutations.  
322 We have confirmed previous data demonstrating reduced CSF t-PrP in sCJD. .  
323 Although the diagnostic potential of CSF t-PrP alone is perhaps limited, its combination with other  
324 biomarkers may heighten its utility. Importantly, the observed CSF t-PrP decline along disease  
325 progression in sCJD and in pre-symptomatic carriers of certain mutations such as D178N-M cases  
326 deserves further investigation towards potential translational application in clinical practice.

327

## 328 **ABREVIATIONS**

329 AUC, area under the curve; CJD, sporadic Creutzfeldt-Jakob disease; CSF, cerebrospinal fluid;  
330 ELISA, enzyme-linked immunosorbent assays NC, neurological controls; tPrP, total prion protein

331

## 332 **DECLARATIONS**

### 333 **Ethics approval and consent to participate**

334 The study was conducted according to the revised Declaration of Helsinki and Good Clinical Practice  
335 guidelines, and was approved by all local Ethics committees. All study participants or their legal  
336 guardians provided written informed consent.

337

### 338 **Consent for publication**

339 Not applicable

340

### 341 **Availability of supporting data**

342 The datasets used and/or analyzed during the current study are available from the corresponding  
343 author on reasonable request.

344

### 345 **Competing interests**

346 Dr. Lachmann reports he is a representative of AJ Roboscreen GmbH, Leipzig, Germany.

347

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354

355 **Authors' contributions**

356 AV-P, MS, IZ and FL designed the study. AV-P, MS and FL performed experiments. AV-P, MS, AK,  
357 IZ and FL analyzed data and interpreted the results. IL, OC, CS, SS, AL, AP, IS, IF, EM, D.Z, MP, IB,  
358 MC, SJC, MDG, RS-V and IZ contributed to samples and/or technical expertise. FL and AV-P wrote  
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360 submission.

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363

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479

480 **FIGURE LEGENDS**

481 **Figure 1. Analysis of CSF t-PrP concentrations in sporadic, iatrogenic and genetic prion**  
482 **diseases.**

483 (A) Whisker-and-boxplots of CSF t-PrP concentrations in non-primarily neurodegenerative  
484 neurological diseases (ND), sporadic Creutzfeldt-Jakob disease (sCJD), iatrogenic Creutzfeldt-Jakob  
485 disease (iCJD), and genetic prion diseases (gPD) associated with mutations in the *PRNP* gene E200K,  
486 V210I, D178N-M and P102L. Boxes indicate 25th to 75th percentiles and whiskers minimum to  
487 maximum values. Statistical significance was set at  $p < 0.05^*$ ,  $p < 0.01^{**}$ ,  $p < 0.001^{***}$ . (B) Receiver  
488 Operating Characteristic curves for sCJD, iCJD and gPDs associated with mutations E200K, V210I,  
489 D178N-M and P102L versus the ND group are shown. Area under the curve (AUC) and 95%  
490 Confidence Interval (CI) are shown for t-PrP analysis.

491 **Figure 2. Influence of the number of octapeptide repeat insertions (OPRI) in the prion protein**  
492 **gene (*PRNP*) on CSF t-PrP concentrations.** Association analysis between t-PrP concentrations and  
493 number of OPRI in the *PRNP* gene. In twelve OPRI cases number of inserts was available. Spearman  
494 rank correlation coefficients were used.

495 **Figure 3. Influence of demographic and PRNP codon 129 genetic factors on CSF t-PrP**  
496 **concentrations in prion diseases.**

497 (A) Association analysis between t-PrP concentrations and age at disease onset (in years) in all prion  
498 disease cases (sCJD, iCJD and gPD). Spearman rank correlation coefficients were used. (B) t-PrP in  
499 prion diseases stratified by sex. (C) t-PrP concentrations in prion diseases stratified by prion protein  
500 gene (*PRNP*) codon 129 polymorphism (M: Methionine, V: Valine) in probable and definite prion  
501 disease cases. (D) t-PrP concentrations in definite sCJD cases stratified by sCJD molecular subtypes.  
502 (E) t-PrP concentrations in D178-MM and MV cases. (F) t-PrP concentrations in E200K-MM and MV  
503 cases. Kruskal-Wallis test followed by Dunn's post-hoc tests (correction for multiple testing) was  
504 applied for multiple comparisons and Mann-Whitney-U test for two group comparisons.

505 **Figure 4. Association between CSF t-PrP levels and disease duration in sCJD patients.**

506 t-PrP concentrations in serial lumbar punctures (LPs) in sCJD cases at different stages of the disease.  
507 Samples were grouped in three categories according to whether they underwent LP in the first (<0.33),

508 second (0.33–0.66) or third (>0.66) stage of an individual's disease.

509 **Figure 5. CSF t-PrP concentrations in asymptomatic genetic prion diseases.**

510 CSF t-PrP concentrations and age of LP in pre-symptomatic *PRNP* mutation carries for the E200K (A),  
511 D178N-M (B) and P102L (C) mutations from the UCSF cohort. Black spots indicate a LP. Black  
512 spots connected with a black line indicating serial LPs from the same patient. Red lines indicate mean  
513 t-PrP concentrations for symptomatic cases from all the cases analyzed in the present study  
514 (symptomatic - ALL). Dashed red lines indicate mean t-PrP concentrations for symptomatic cases  
515 from the UCSF cohort (symptomatic - UCSF). Mean age at onset from UCSF cohort and from all  
516 cases are indicated with a blue arrow.

517

518 **Supplementary Figure 1. CSF t-PrP levels in gPD associated to E200K, D178N-M and P102L**

519 **mutations in different cohorts.** (A) CSF t-PrP in E200K cases from four cohorts. (B) CSF t-PrP in  
520 D178N-M cases from two cohorts. (C) CSF t-PrP in V210I cases from two cohorts. Kruskal-Wallis  
521 test followed by Dunn's post-hoc tests (correction for multiple testing) was applied for multiple  
522 comparisons and Mann-Whitney-U test for two group comparisons. No statistical differences were  
523 detected for any of the comparisons.

524 **Supplementary Figure 2.**

525 CSF t-PrP concentrations in asymptomatic *PRNP* mutant carriers from the UCSF cohort  
526 (asymptomatic – UCSF), symptomatic cases from the UCSF cohort (symptomatic – UCSF) and  
527 symptomatic cases from all the cases analyzed in the present study (symptomatic - ALL) for the  
528 E200K, D178N-M and P102L mutations. Dashed red lines indicate upper and lower 95% CI t-PrP  
529 concentrations in ND cases.

530

531 **Table 1. Demographic and biomarkers data from our study population.** Number of cases (n), age

532 in years (mean values  $\pm$  standard deviation), sex (female (f)/males (m)), codon 129 *PRNP* genotype  
533 and t-PrP concentrations (mean values (mean)  $\pm$  standard deviation (SD) in ng/mL) and 95% CI (in  
534 ng/mL) are indicated). Mutation in the *PRNP* gene is indicated for genetic Prion Diseases (gPD).

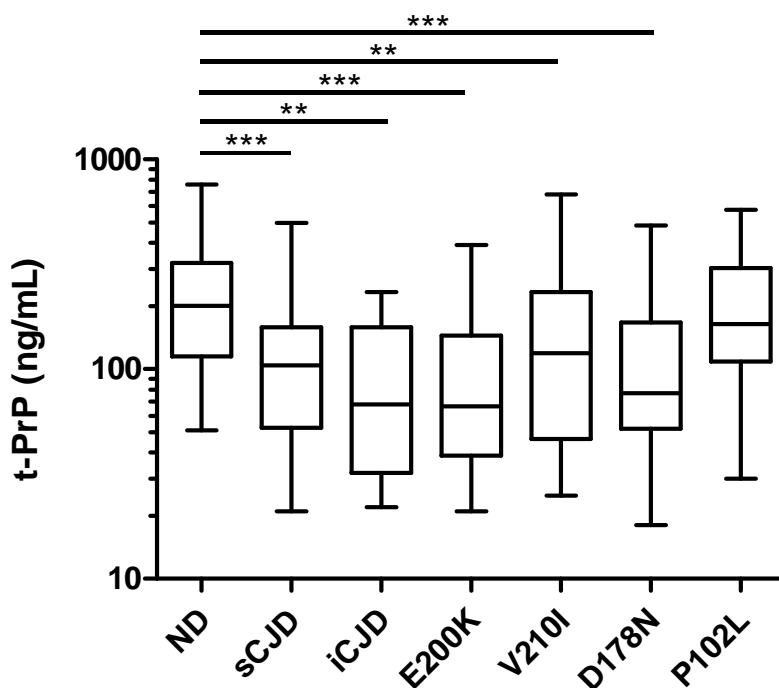
535 gCJD: Genetic Creutzfeldt-Jakob disease, GSS: Gerstmann-Sträussler-Scheinker syndrome, FFI: fatal  
536 familial insomnia. M: Methionine, V: Valine. NA: not available. Other mutations/variants refer to  
537 cases diagnosed as prion disease with changes on the *PRNP* gene without clear evidence of being  
538 disease causative mutations.  
539

# Table 1

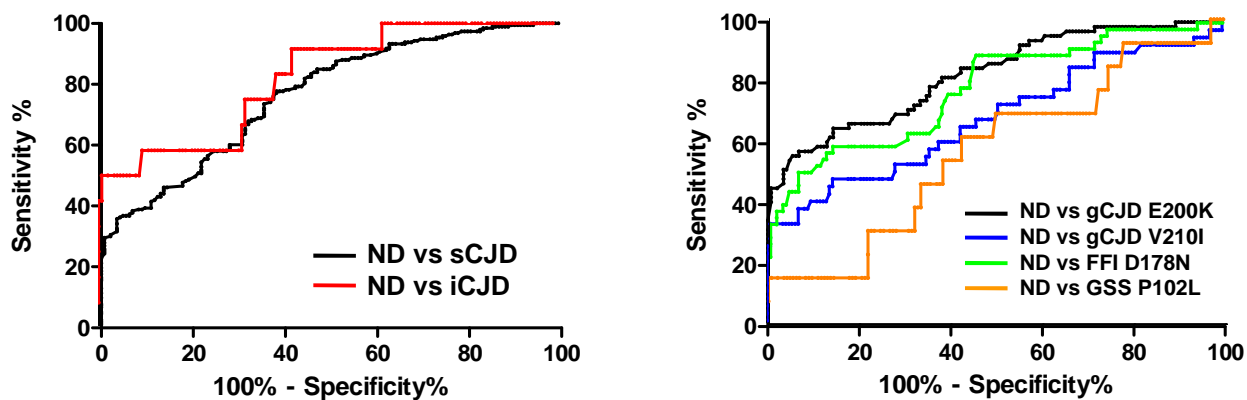
	Number of cases	Age	Sex	PRNP 129*				t-PrP	
		Mean ± SD (years)	f/m	MM	MV	VV	NA	Mean ± SD (ng/mL)	95% CI (ng/mL)
<b>Control</b>									
ND	147	65 ± 11	78/69	0	0	0	147	230 ± 140	207-253
<b>Sporadic Prion disease</b>									
sCJD	193	65 ± 10	114/79	74	37	45	37	120 ± 83	108-132
<b>Acquired Prion Disease</b>									
iCJD	12	48 ± 10	5/7	9	2	0	1	95 ± 71	50-140
<b>Genetic Prion Diseases</b>									
<i>Pathogenic variants associated to gCJD</i>									
D178N-V	1	48	1/0	0	0	1	0	29	0
V180I	1	77	0/1	1	0	0	0	300	0
T188A	1	82	1/0	1	0	0	0	142	0
T188K	1	57	1/0	0	1	0	0	173	0
K194E	1	71	0/1	0	1	0	0	232	0
E196K	3	69 ± 4	2/1	1	1	1	0	69 ± 4	59-79
E200K	66	61 ± 11	39/27	45	18	2	1	98 ± 77	78-117
R208H	4	62 ± 7	2/2	3	1	0	0	243 ± 146	10-475
V210I	41	64 ± 10	24/17	31	8	2	0	161 ± 147	114-207
P238S	1	68	1/0	0	1	0		52	0
<i>Pathogenic variants associated to GSS</i>									
P102L	13	53 ± 11	8/4	11	1	1	0	200 ± 148	111-289
P105T	3	36 ± 17	2/1	0	3	0	0	225 ± 168	-192-642
G114V	1	20	0/1	0	1	0	0	114	0
A117V	1	47	1/0	0	0	1	0	95	0
A133V	1	62	1/0	1	0	0	0	68	0
V176G	1	61	1/0	0	0	1	0	31	0
F198S	1	51	0/1	0	1	0	0	47	0
Q217R	1	59	0/1	1	0	0	0	165	0
Y218N	1	NA	1/0	0	1	0	0	254	0
<i>Pathogenic variants associated to FFI</i>									
D178N-M	47	50 ± 10	16/31	31	16	0	0	119 ± 94	91-146
<i>Insert mutations</i>									
OPRI	14	63 ± 9	8/6	5	4	5	0	105 ± 113	40-171
<i>Nonsense mutations</i>									
Q160X	1	27	0/1	1	0	0	0	30	0
<i>Other mutations/variants</i>									
Q52P	1	80	1/0	0	1	0	0	141	0
N173K	1	73	0/1	0	1	0	0	203	0
Q212H	1	63	1/0	1	0	0	0	37	0
I215V	1	77	0/1	1	0	0	0	81	0

Figure 1

A

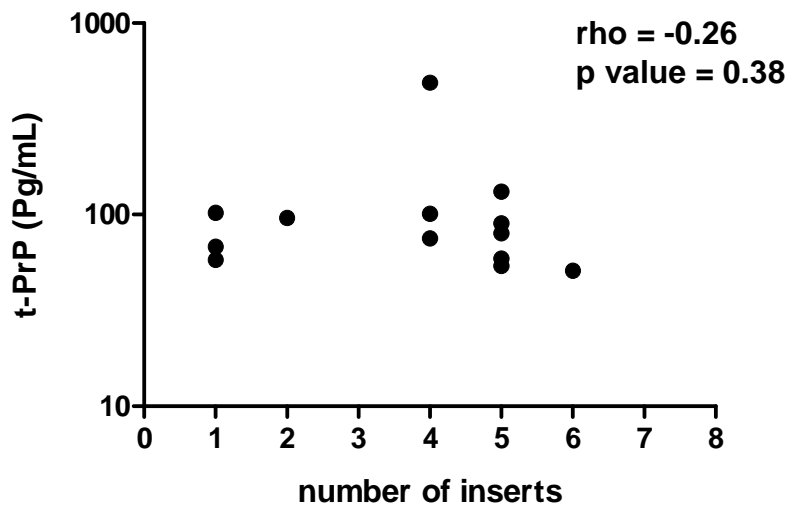


B



	sCJD	iCJD	gCJD E200K	gCJD V210I	FFI D178N-M	GSS P102L
Number of cases	193	12	66	41	47	13
AUC (95%CI)	0.76 (0.72-0.81)	0.82 (0.70-0.94)	0.83 (0.77-0.89)	0.69 (0.58-0.79)	0.78 (0.70-0.86)	0.57 (0.41-0.73)

Figure 2



**Figure 3**

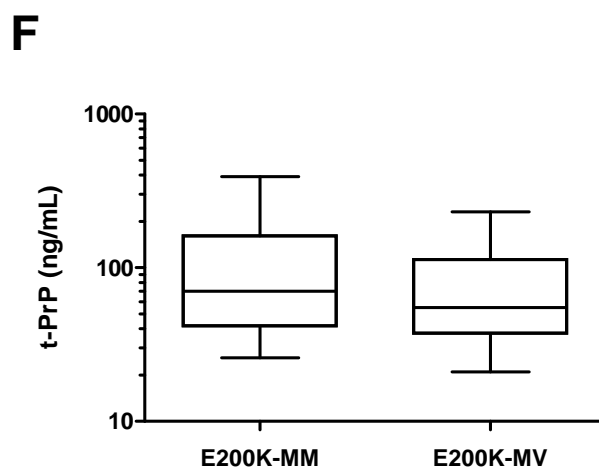
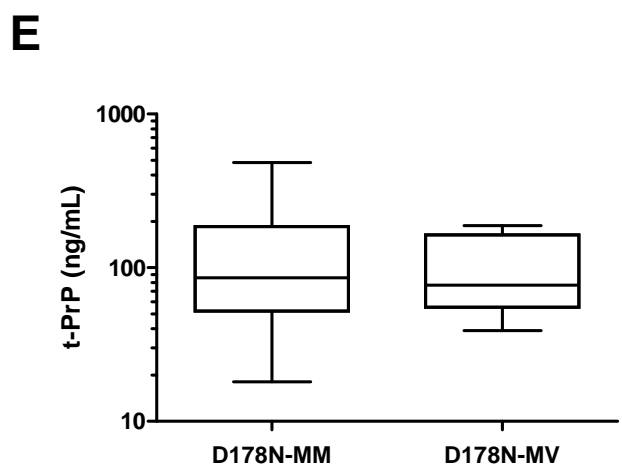
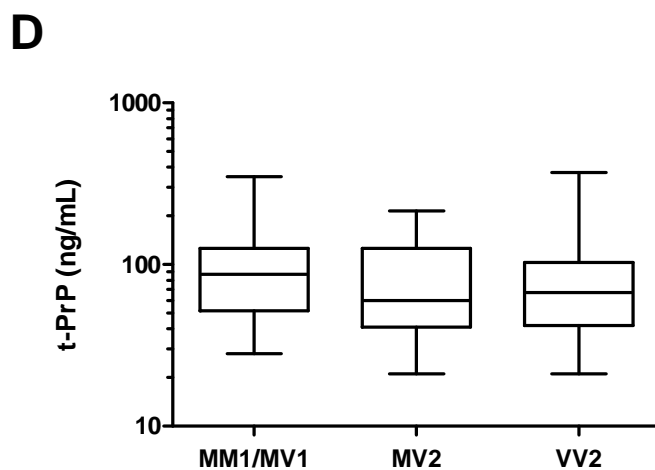
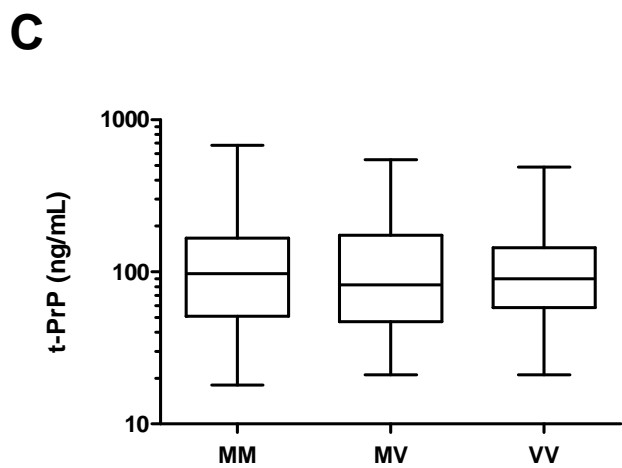
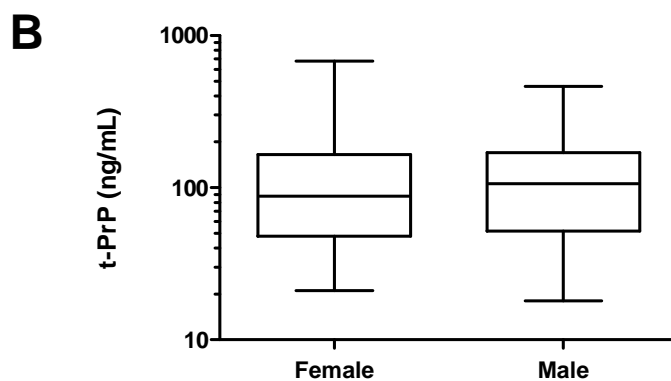
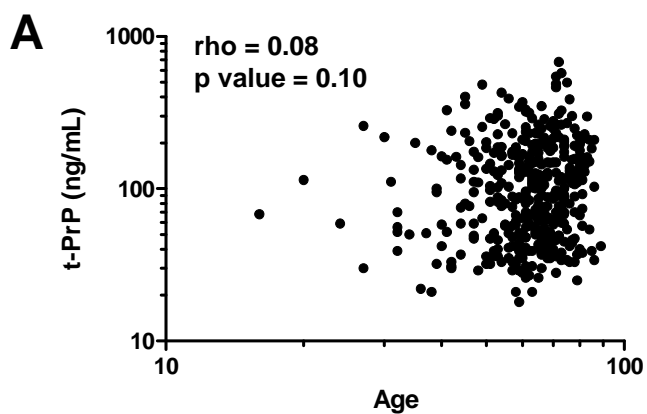




Figure 4

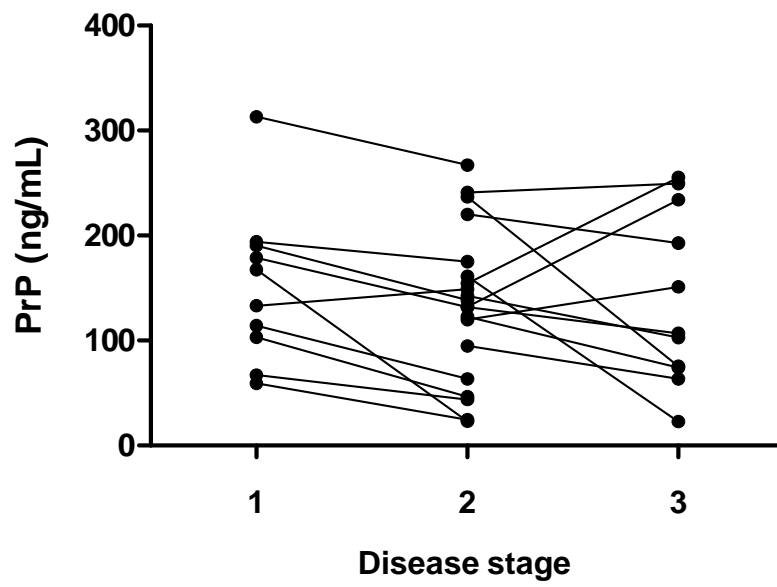
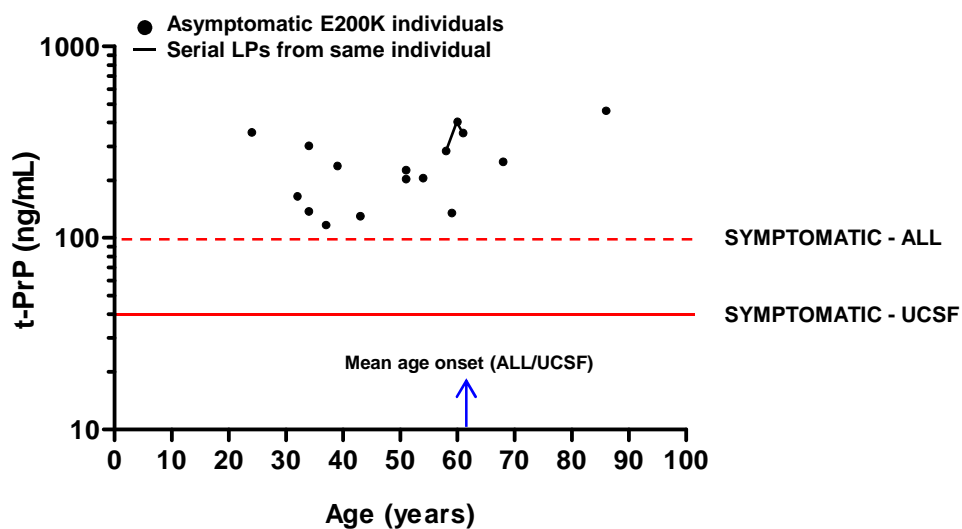
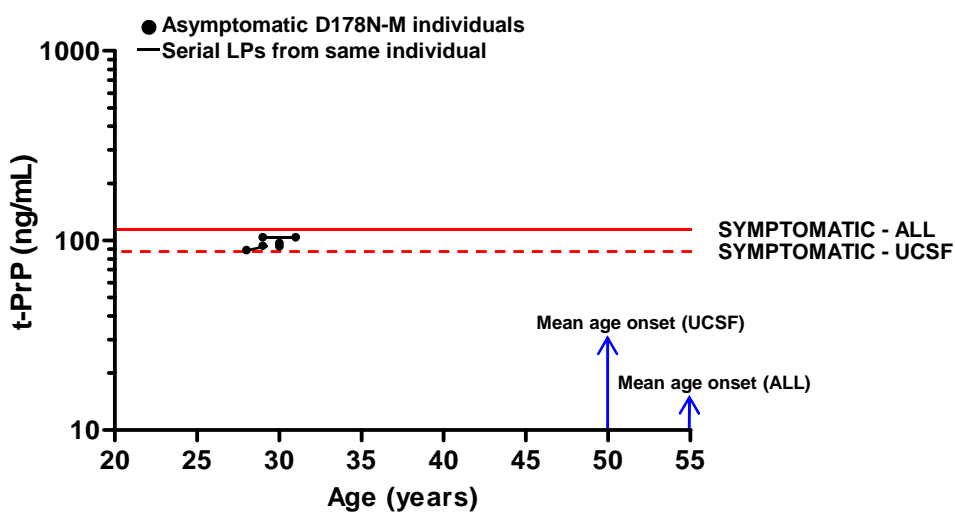


Figure 5

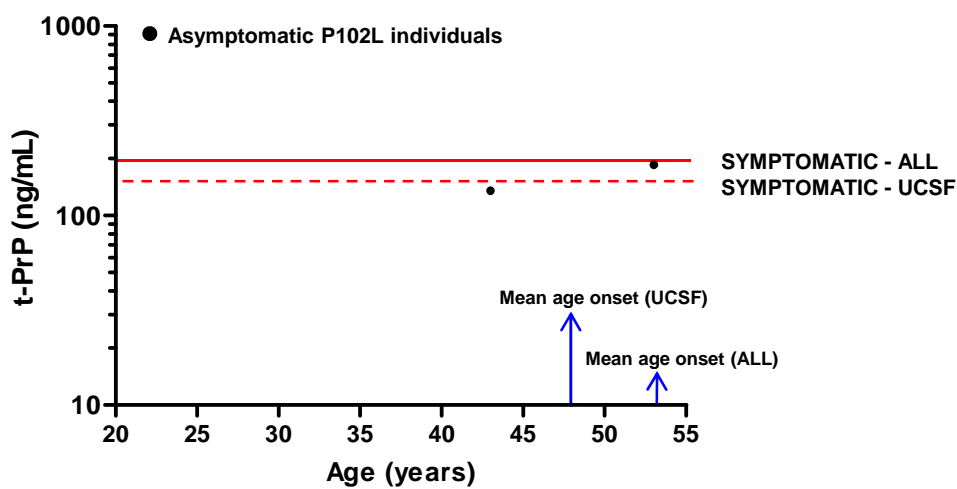
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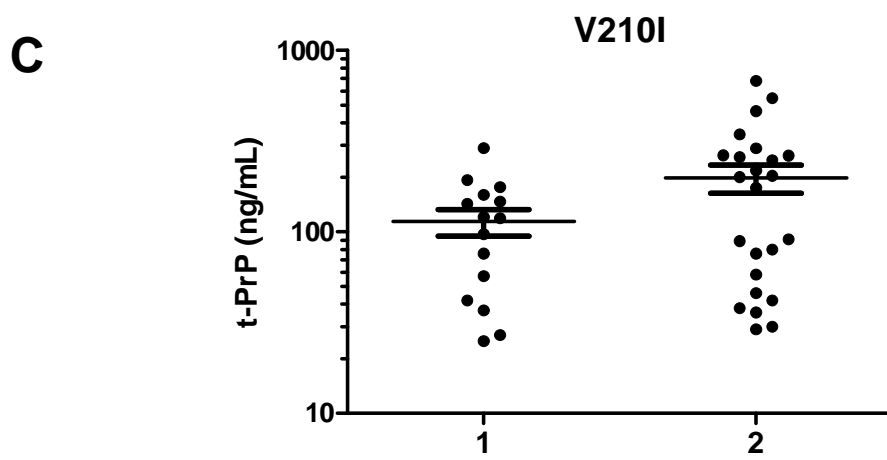
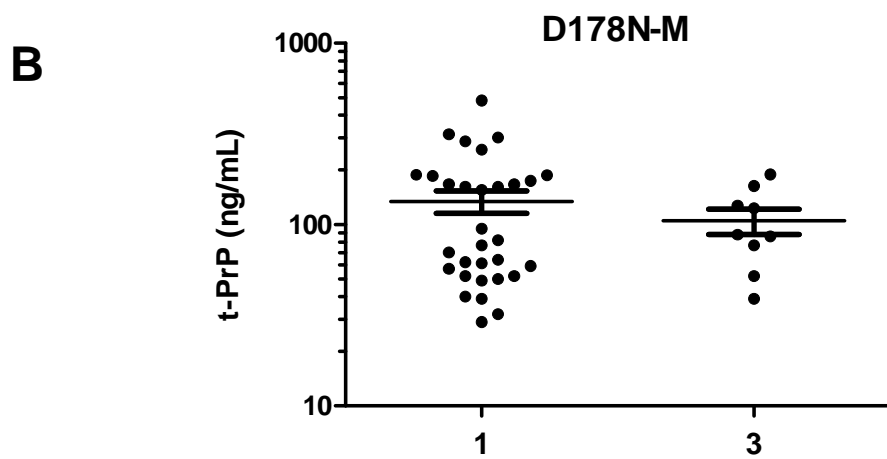
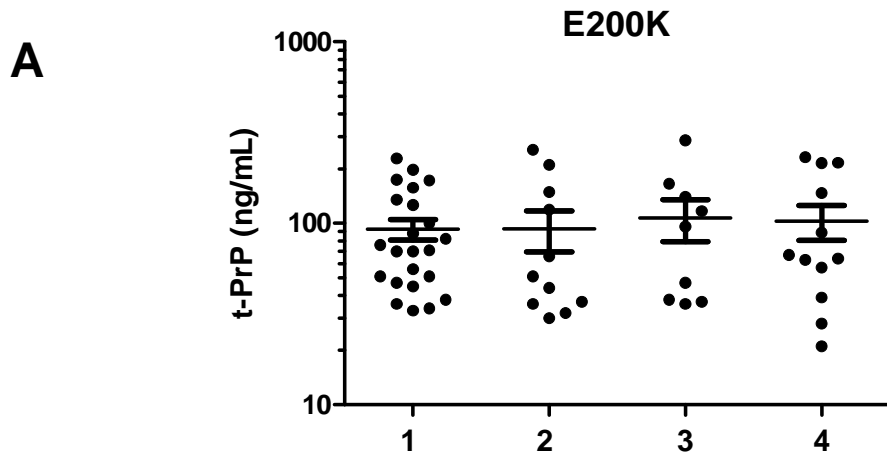


B



C





# Suppl. Figure 2

