

**Table 1**

Formin	Elongation rate (subunits/second) at 1 $\mu$ M actin	Dissociation rate ( $s^{-1}$ )	Max. nucleation efficiency (Filament/Formin, %)
<sup>1</sup> Cdc12	10.6 $\pm$ 0.5	7.1*10 <sup>-5</sup>	48
<sup>2</sup> mDia2	12.1 $\pm$ 0.7	1.3*10 <sup>-4</sup>	n.d.
<sup>2</sup> mDia1	48.5 $\pm$ 0.5	1.2*10 <sup>-3</sup>	n.d.
<sup>1</sup> CYK-1	63.2 $\pm$ 0.5	3.9*10 <sup>-3</sup>	2.3